

SAINT PETER'S MINI-MAG



St Peter's Church
The Lawn
Budleigh Salterton EX9 6LT

AUGUST 2019

Editors: Rosemary Humphreys 488524
Gillian Andrews 444095

A MESSAGE FROM THE REV. DR. MARTIN JACQUES



As a brand-new curate (a trainee vicar) in Margate many years ago my first job given to me by my vicar was to go down to the seafront in my brand-new black shirt and clerical collar and buy an ice cream. Some might say this has been my model of ministry ever since! It was a beautiful sunny day as I remember and the cars and coaches from London had disgorged their cargo onto the beaches and bars of North Kent's premier seaside town – all bunting and kiss me quick hats, loud music and candy floss. I suppose the idea was to acclimatise me to Margate, get me used to being a visible representative of the church, and be seen doing something absolutely normal. There was method in his madness, therefore.

The first lesson then was that life was to be lived and enjoyed. Some clergy down the ages have gained the reputation for a dour, killjoy, attitude to life, but that is not anywhere reflected in the life of Jesus who was dismissed by his detractors as a "glutton and a drunkard" for having a strong preference for parties. Of course the subject matter we deal with is serious – matters of life and death and ultimate meaning – but without a sense of fun, good humour and enjoyment of all the fun life can offer – that would be a one-dimensional view of life....and vice versa.

As the Bible says, there is a time for everything. A time to be serious and there is a time to let your hair down. Knowing which time is what is important and when to mix one with the other occasionally. Now Budleigh Salterton seafront is rather more genteel than Margate was but the same rules of life apply. If the opportunity presents itself, give yourself permission to just enjoy yourself.

Martin

Veterans Community Support

Every Friday afternoon a group of forces veterans, their families and supporters meet together for friendship and peer to peer support. Many of our veterans suffer from PTSD and stress related conditions and value this opportunity to spend time together. We are a self-funded group so are very grateful that St Peter's allow us to use the hall without charge. Fund raising allows us to organise trips together, last year visiting the National Memorial Arboretum and earlier this year a weekend away at the Calvert Trust on Exmoor. We try to build relationships within our community and have recently hosted students from Bicton College to our allotment space in Newton Poppleford.

If you want to know more or would like to join the group please contact mrrevell@btinternet.com

WHY

SURPLICES, COTTAS AND STOLES

SURPLICES This month we move on to what choirboys and choirgirls used to call “nighties” – those elegant, long white tents, which are worn over a cassock. That reminds me, the name “surplice” originally came from the Latin words Super Pellicum which means “over a garment”. Years ago when central heating was unheard of people living in the northern hemisphere used to wear garments made of fur to keep themselves warm. The surplice was worn “over fur”, hence its name. These days it can be made of linen, silk, cotton or polyester fibre – which is a lot easier to iron. According to ancient books a surplice should be as full as possible – that is the garment, not the wearer – have deep long sleeves and a lower hem which reaches below the knees. One authority on clergy vestments suggests that the hem should be just six inches (15 cms) from the ground. Around the neck there is often a row or two of smocking and really the whole garment is rather like a light-weight cloak with sleeves. In 1552 the surplice was the only garment ordered to be used by clergy when in Church. Can’t imagine how they kept warm.

COTTAS You may have seen a shorter version, which dates from the 19th century and is called a Cotta – Latin again, it means “tunic”. It is made using less material than for a surplice, usually has a square-cut yoke at the neck and reaches only to the hips. Sleeves tend to be shorter and the lower hem is sometimes decorated with an inch or two of lace, but this is less popular these days. So the choice is the full, flowing line of the surplice or the mini version of the cotta.

Over the surplice or cotta can be worn a **STOLE** (yes, you’ve guessed, yet more Latin from “Stola” a long robe). Over the centuries stoles have become like a long scarf, about 10 centimetres wide (or 4 inches – if you are old like me) and anything up to 244 centimeters (8 feet) in length. Stoles can be made in any material, but originally plain coloured silk was widely used, quite often damask (which came from Damascus) and they were probably based on a neck cloth, commonly worn in Roman times. A Deacon wears a stole over the left shoulder and tied under the right arm, whereas a Priest places it around the neck and allows it to fall straight down the front of the surplice. Strictly speaking, if a stole is worn under another vestment such as a chasuble, it should be crossed over the chest. Strangely enough, a stole is not worn at Services of Morning or Evening Prayer, but kept for Communion Services, Weddings, Baptisms and also these days, for Funerals. Stoles are usually made in materials of a single colour and are rather like a visual aid, as they reflect the particular season in the Church’s year or perhaps a special Festival. They can be embroidered or decorated in any suitable manner. Watch this space for more secrets of clergy fashion.



Church Mouse

WHO WAS MARY SUMNER?

Most people have heard of the Mothers’ Union, though it’s not quite the force it was in its heyday of 70 years ago. This month the church celebrates its founder, Mary Sumner, on 9th August, and it would be a pity if we forgot her contribution to the social wellbeing of women. She was a vicar’s wife in Hampshire in the late Victorian period. A young woman herself, she saw the emotional and practical burdens borne by most of her contemporaries. Before the widespread introduction of medical care during pregnancy and childbirth, natal mortality was high and for those who survived into childhood common but deadly diseases – measles and scarlet fever, for example, brought tragedy to many homes. These childhood illnesses partly rose from poor living conditions. Life itself was often hard, in cramped homes and without the amenities we take for granted like piped water, electricity, sewage disposal. Mary Sumner created a simple support group for these women where they could share their experience, support one another and learn the essentials, as she saw it, of a Christian home. The idea caught on, and by the beginning of the century there were many similar groups in various parts of Britain. By 1921 the Mothers’ Union existed as a national and international resource for young mothers. Of course, lifestyles change and today most women have a job, once their children start school. Churches tend to support families through mum and toddler groups with much the same agenda, but in a less formal style. And so the Mothers’ Union has effectively become a modern Grandmothers’ Union, which is fair enough in view of the active role of modern grandparents in childcare. In those ways, at least, the vision of Mary Sumner long ago is still fulfilled.

Thank you! Gillian and Rosemary would like to thank everyone who has given us news or suggested topics for the Minimag. We have a 'bank' for items we cannot use immediately, so please keep up the good work.

ST PETER'S SCHOOL

To read all about the school's achievements this year go to their website:
<http://www.st-peters-school.org.uk/news/end-of-year-celebration-letter-2019/>

SAFEGUARDING

"Safeguarding is at the heart of our Christian faith." - Archbishop Justin Welby



Tina Ellett

Hello! I have taken over the role of Safeguarding representative for the parish from Rosemary. I have attended St Peter's for many years alongside my parents, George and Maggie Lisle and I am mostly to be found serving at 8am communion. Safeguarding is not just an add-on thought but encompasses maintaining a safer environment for us all. Our approach towards the wellbeing of our community reflects upon the quality of our relationships with each other, how we communicate and care for each other and for those who are vulnerable.

The Diocesan website provides a wealth of information including online training. I would recommend C0, the basic awareness level for everyone to access -

[https://exeter.anglican.org/resources/safeguarding/..](https://exeter.anglican.org/resources/safeguarding/)

If you have any questions or concerns about a person's safety my contact details are displayed in the church porch and on the RMC website, along with those of my RMC colleagues Kate Ponting and Nigel Daly.

Festival Choral Evensong

It was a privilege and delight to take part in the Festival Choral Evensong. Our Choir was augmented by about 8 young local choristers, which resulted in a wonderfully rich sound in the acoustic of our church. With Stephen Tanner as conductor and David Davies as organist this made for a truly memorable service. Despite clashing with exciting sporting events there was a good congregation who I hope found it an uplifting spiritual experience. Traditional services such as Choral Evensong are becoming rare in Parish Churches which is why we will try our best to ensure that they can continue. Do join us next time if you can.

Jenny Steele

DATES FOR THE DIARY

BUDLEIGH SALTERTON FLOWER SHOW Public Hall 12.30-4.00 Saturday 10th August
For more details contact Rosemary Humphreys at 488524

AN INVITATION to the Methodist Church at 3pm for a Strawberry Tea and to meet
Wendy and Yong Lim - missionaries in Cambodia. Wednesday 14th August

URGENT

PLEASE DON'T FORGET THE COMMUNITY LARDER During the school holidays we desperately need extra supplies. Without their usual school lunches, many children will miss a cooked meal each day as those on credit try to stretch their budget. Just one item per week from each household will make a huge difference. Thank you.

AUGUST 2019:

Friday	2	Rendezvous	10.00
Friday	2	Holy Communion	11.30
Sunday	4	Holy Communion BCP	8.00
Sunday	4	Holy Communion	10.00
Wednesday	7	Holy Communion	9.30
Friday	9	Rendezvous	10.00
Friday	9	Holy Communion	11.30
Sunday	11	Holy Communion BCP	8.00
Sunday	11	Holy Communion	10.00
Wednesday	14	Holy Communion	9.30
Wednesday	14	Loaves & Fishes	12.15
Friday	16	Rendezvous	10.00
Friday	16	Holy Communion	11.30
Sunday	18	Holy Communion BCP	8.00
Sunday	18	Holy Communion	10.00
Wednesday	21	Holy Communion	9.30
Friday	23	Rendezvous	10.00
Friday	23	Holy Communion	11.30
Sunday	25	Holy Communion BCP	8.00
Sunday	25	Holy Communion	10.00
Sunday	25	Solos Lunch	12.15
Wednesday	28	Holy Communion	9.30
Friday	30	Rendezvous	10.00
Friday	30	Holy Communion	11.30
Sunday	1	Holy Communion BCP	8.00
Sunday	1	Holy Communion	10.00

Services at All Saints East Budleigh and St. Michael's Otterton, can be found in the weekly Pew Sheet and on the RMC website <https://www.raleighmissioncommunity.org.uk/>

QUICK CONTACTS

VICAR: The Revd. Martin Jacques, The New Vicarage, Vicarage Road, East Budleigh, EX9 6EF revmartinjacques@gmail.com (not Fridays) 443473

ASSOCIATE PRIEST: The Revd. Karen Young, Maranatha, Boucher Way, Budleigh Salterton EX9 6HQ thereverendkarenyoung@gmail.com 488121

RMC Administrator: Mrs. Fran Mills raleighmc@gmail.com 443397

Office Open: Mon 1pm-3pm, Tues, Wed Thurs 10am-12noon, Fri 10am-2pm

Churchwardens: Iris Cooper 445273 Chris Parrish 442275

Deputy Wardens: Judith Stewart-Young 442197 George Maddaford 446077
Pat Rogers 446304 Eileen Milne 441725
Paul Maslen 488861

PCC Secretary Christopher Briscoe 444381 **PCC Treasurer:** Tony Gray 444006

Director of Music and Organist: Stephen Tanner 07804 209226

Peter Hall Manager: George Maddaford 446077

Friends of St. Peter's Chairman: Position vacant. For information please contact the RMC Office. **Burial**

Ground Manager: Brian Shackleton 443762

Safeguarding Representative: Tina Ellett 074260 90311

Deadline for items to be included in the September Mini-Mag, space permitting, is the 28th August.

Please email to both RNHumphreys@aol.com and gillian.heathfield@gmail.com

LADIES TEA AT THE HUB 2.30 to 4.30 on the third Tuesday of the month.

The teas and friendly chat are greatly enjoyed and appreciated at a charge of £2.50 each. Visitors are always welcome and a call to 01395 433522 will ensure there will be a place waiting for you in a friendly and relaxing company. **Please note there will be no meeting in August due to staff holidays**