Walking with grief

Do not hurry as you walk with grief; it does not help the journey.

Walk slowly, pausing often: do not hurry as you walk with grief.

Be not disturbed by memories that come unbidden. Swiftly forgive; and let Christ speak to you unspoken words. Unfinished conversation will be resolved in Him. Be not disturbed.

Be gentle with the one Who walks with grief. If it is you, be gentle with yourself. Swiftly forgive; walk slowly, pausing often.

Take time, be gentle as you walk with grief.

(From the Northumbrian Community)



Raleigh Mission Community

Books of Remembrance



O Lord, support us all the day long of this troublous life, until the shades lengthen, and the evening comes, and the busy world is hushed, the fever of life is over, and our work is done. Then, Lord, in your mercy grant us safe lodging, a holy rest, and peace at last, through Jesus Christ our Lord. Amen **St Peters Church Budleigh Salterton and All Saints' Church East Budleigh** contain books of remembrance where the names of loved ones can be written so that they can be remembered in the prayers of the church community on an annual basis.

To add your loved one to the book simply fill in the form on the opposite page and deliver or post to the RMC Office in St Peter's Church.

Names will be added in February and August and we ask for a £10 donation for this service please.

If you have any queries please do speak to a Church Warden or phone Fran Mills in the RMC Office (01395 443397) who will be happy to help.



| Remembrance book in which | St Peter's Budleigh Salterton All Saints' East Budleigh |
|---------------------------------------|---|
| church. | (Delete as appropriate) |
| Your name | |
| Contact details Phone number/email | |
| Full name of | |
| deceased | |
| Date of birth of | |
| deceased | |
| Date deceased | |
| passed away | |
| Donation enclosed | |

If you would like to talk to a member of our Pastoral Care Team on any matter please tick the box below and arrangements will be made to contact you.

