



Dear Friends of the Exmouth FoodBank,

It has been so lovely to welcome people back into the Salvation Army Hall again. The alterations and decoration of the hall is now almost finished and it looks great. If any of you would like to come and have a look, please do get in touch to arrange a visit. It would be great to see you!

We are very grateful to the green fingered gardeners at Woodbury allotments, who are donating their excess produce, enabling people to have such fresh vegetables, straight from the ground to us. We have also signed up to be part of the Budleigh Co-op food share scheme, where we receive unsold fresh items from the store each week.

We are sometimes asked to supply emergency food to someone in need when we are not open and so we have been piloting a scheme called, 'Out of Hours Boxes.' This has meant that we have supplied a number of boxes of emergency food to a group of participating Churches, who can ensure that they are given to anyone in need of emergency help when we are closed. Currently there are boxes in:

St Margaret and St Andrew's Church Littleham
Exmouth Chapel
Scott Drive Church, Exmouth

We would like to have boxes in more Churches, also Schools and GP surgeries. If you feel that you would like to be part of this scheme, please keep an eye out for an email with more details coming soon, or please do get in touch.

We are seeing an increase in single people coming forward for help. These are people with no one to share their burdens. The one to one chats with volunteers have enabled people to talk through many problems and feel that someone cares. It has been a privilege to help them get the provisions that they need and now they are also able to choose their own treat from a selection of what is available, eg, biscuits, crisps, jam or possibly a chocolate bar. Giving people the freedom to choose this has brought many smiles to people's faces.

Next month we start to think about Christmas and being able to offer extra treats to go into food parcels. If you are able to donate Christmas goodies that would be much appreciated. Thank you for your ongoing support!

God Bless

Elizabeth Reed

Exmouth FoodBank Mid Oct 2021
www.exmouthfoodbank.org