



Dear Friends of the Exmouth Food Bank,

As volunteers within the Exmouth Food Bank through these times of adversity, has shown all of us how amazing the whole Community of Exmouth and surrounding areas are. We are humbled by acts of kindness and the generosity of giving. Despite hardship for most people with rising utility bills, fuel prices and political unrest, you have all rallied to keep us going. If you are able to help this month we are in urgent need of bags for life! Packets of dried rice, tins & packets of soup, tins of tomatoes, beans, spaghetti, tins of fruit, rice pudding, custard, tinned meats, breakfast cereals, cartons of longlife milk, small jars of coffee & bottles of squash please.

In March we gave food parcels to 264 families and individuals and fed 492 people. This is almost a 10% rise in demand since last month. We are not surprised at this, as we all know that many people are struggling to pay bills and put food on the table. We are here to help and will continue to provide food, guidance and support. We will also signpost people to local agencies and Citizens Advice where appropriate.

### **The Main Collection Points In Exmouth Are:**

- Co-op, 3 Magnolia Walk, Exmouth, EX8 1HB
- Rivermead Stores, 23-25 Rivermead Ave, Exmouth EX8 3BH
- Tesco, Salterton Road Exmouth EX8 2TS
- Tesco Express, 4-6 Rolle Street Exmouth EX8 1HE

Local Churches also organise collections for us. Please liaise with your local minister.

We would be delighted if you wanted to arrange a special event or a fund-raiser to support our good cause.

Please make contact with us first by emailing: [info@exmouthfoodbank.org.uk](mailto:info@exmouthfoodbank.org.uk) or by phoning 07787 758511. We can then discuss the supplies that we are currently short of and can outline any help that we may be able to provide, such as assisting with the collection of donations.

<https://www.justgiving.com/fundraising/exmouthfoodbank>

God bless

Elizabeth Reed

Exmouth FoodBank Mid April 2022

[www.exmouthfoodbank.org](http://www.exmouthfoodbank.org)