

Dear friends,

I have recorded a YouTube reflection on the readings set for the first Sunday of Lent and you can access that by clicking on this link. [https://youtu.be/Vce16D0QF\\_U](https://youtu.be/Vce16D0QF_U)

Alternatively, if you'd prefer to read it you can do so on my Blog by clicking here. <https://revmartinjacques.blogspot.com/2021/02/the-discipline-of-lent.html>



**Jesus in the wilderness by Stanley Spencer**

**Lent** was introduced by an Ash Wednesday service at St. Peter's that broke all attendance records for a Wednesday BCP service. More chairs had to be put out to accommodate (in a socially distanced way) the 23 people that turned up to the Lady chapel and it meant so much that there were representatives from all three churches present. Just as a reminder I have now put some copies of the Lent course "How to be a missionary" by Fr. Eric Simmons (RIP) in each church. Talking about Lent courses, there is the...

## Exeter Diocese on-line Lent course.

Five short videos and five worksheets relating to each video – one per week – but they are all there for you already relating to people’s experience of Lockdown during 2020. To access this course is quite simple. Just follow this link and the videos (and a transcript of the video if needed) and the associated worksheets are easy to watch and print. <https://exeter.anglican.org/ministry/lent-course-2021/>

We have loaded all these details on our website so they can be accessed there as well. <https://www.raleighmissioncommunity.org.uk/lent-2021.html>

**One of the co-authors** of the trial that tested our response to sounds of Nature and/or music or silence run by Exeter university (I know some of you participated) presented some preliminary results of their work to the University, of which my wife Louise was one. Because the research hasn’t been published yet I’m not supposed to comment too directly but dare I say the sounds of nature are soothing to the soul.

## Live streamed service from All Saints East Budleigh

The link for the 9.30 service tomorrow morning is <https://app.faith.online/p/events/KkteWsfQL>.

The phone number as usual is 01395 891035

The hymns will be as below, and the celebrant this week will be the Rev. Margaret Scrivener.

Hymns:

**As the deer pants for the water**

**Forty days and forty nights**

**The Prayer for Today** was included in Bishop Robert’s “Ad Clerum” Lent letter to clergy.

**Lord Jesus Christ,  
when fear and anxiety besiege us and hope is veiled in grief,  
hold us in your wounded hands and make your face shine on us again,  
for you are our Lord and God.  
Amen**

Love and peace,  
Martin

Please note my new email address is [vicar@rmcommunity.co.uk](mailto:vicar@rmcommunity.co.uk)