

SAINT PETER'S MINI-MAG



St Peter's Church
The Lawn
Budleigh Salterton EX9 6LT

June 2024

Editor: Lizzy Doorbar

A MESSAGE FROM THE REVD. MARTIN JACQUES



Dear Friends,

Feeling hassled, anxious, overwhelmed or perhaps even depressed? Well, you are not alone as there seems to be an epidemic of these feelings affecting everyone in society especially young people. When everything seems too much to handle, you need to consider the "sound of silence". Every religious tradition, and Christianity is no exception, has seen the value in just stopping, clearing your mind, and centring yourself.

It is surprising just how difficult that can be, because our culture expects and encourages us all to keep striving, keep consuming, not to just stand still and smell the roses.

Meditation, contemplation or prayer can be dismissed as just "doing nothing" and indeed that is exactly what it is – and very needful it is for people to just stop what you are doing for just a few minutes a day, relax, stop talking, and listen to your internal voice.

If you find complete silence a challenge – and many of us do – try a simple mantra or say a short prayer. You may be surprised by just how many people come into church (and they might not be practising Christians) to experience a bit a peace and direct their gaze away from themselves for a few brief moments to either pray or direct their thoughts to consider eternity.

Some come in to light a candle because to do something physical and as elemental as lighting a candle speaks to them in ways they can't easily put into words.

It is about feeling connected in a way. Most of all about feeling connected with yourself, your inner life, and also connected with the universe in which we find ourselves, a connection that religious believers call the divine.

Knowing you are connected, and realising you have an eternal soul that is connected with everything else in the universe brings a peace with it that defies categorisation or explanation, but it is the exact opposite and antidote to the anxiety and fragmentation that plagues people in these frenetic unstable and distracted times.

Love and peace,

[May 100 Club Draw results](#)

Anne Marshall for Aimee: £5

Tina Ellett: £10

Chris Parrish: £20

Thank you to everyone who participates in the 100 club, and well done to the winners!

Fiona Hennah

A Little Something

I once worked with a wonderful churchwarden who delighted in prayer being subversive. Someone is actively anti-Christian and you can't say anything to them remotely spiritual, but you can pray for them. Someone in your family is in desperate need but would never allow you to pray with them in person but you can still pray for them privately. Subversive prayer happens under the radar, it doesn't depend at all on the person or the situation we are praying for. The Lord's Prayer is subversive, the Magnificat is subversive, in fact, being a Christian is subversive. In the power of the Holy Spirit be subversive!

Jean Burrows

Open the Book



This term we are looking mainly at some of Jesus' parables. I'd never really noticed before that many of his parables are about individuals which means we have to think of more creative ways for the children to join in, fortunately we like challenges!

Jean Burrows

A La Ronde needs more volunteers in the house

I volunteer in the house at A La Ronde, and we need more people to join our friendly group. If you are interested in finding out more, get in touch with me or with Alison Palfrey who is responsible for volunteers at A La Ronde, alison.palfrey@nationaltrust.org.uk.

Editor Lizzy

Mothers' Union April Meeting

Luc Vandamme was our inspiring speaker about the Mission Aviation Fellowship. It was started by two wartime pilots who wanted to do something positive after dropping bombs, and they take food, medicine, passengers and other needed items to remote areas inaccessible by road. They can take people needing urgent medical help to the Hospital which may be otherwise inaccessible. He was a riveting speaker. Luc asked for prayers for their work, and we were also able to give him £175 from the retiring collection. In addition, Luc left a box for unwanted received or new postcards. MAF can make money for their marvellous charity this way – the box is on the table at the back of the church.

Eight new members were welcomed and presented with their membership cards by the Rev. Jean Burrows. Our next meeting is Tuesday 11 June at 2.30 p m in the Peter Hall when our very own Betty Clement will be speaking about the W. H. O. Project in Indonesia, followed by light refreshments. Everyone welcome.

Rosemary Baker

June Events at Budleigh Salterton Library

Thursday 6th 11am to 12 noon: D-Day 80 years on. A drop-in event for a display, discussion and Q & A about the D-Day invasion and the role of Budleigh Salterton in the preparations and the invasion. Co-hosting the event are local historian Nick Loman and Sean Kelly, author of 'Home Bases', a book about the American military in the UK. Free admission.

Tuesday 11th 10.30 – 11.30: Digestive Health: a talk and Question and Answer session with local nutritionist, Hazel Pelham. Hazel has helped people with IBS, Crohn's and colitis, reflux and similar problems. Free admission.

Sundays at Six – an appreciation of the splendid series of concerts In May



The series began with Jean-René André from Rennes Cathedral. His varied programme showed the wide range of colours that our organ, one of the finest in the West Country, can produce. David Davies's concert was enhanced by his knowledgeable and informative introductions to the pieces he would play. He finished with the stirring Radetzky March by Johann Strauss, which sent us out with a spring in our step. Our own Stephen Tanner began with Bach's Toccata and Fugue in D minor, possibly the most famous organ piece ever written, which was a powerful opening. Later he included 'Evening Song' by Edward Bairstow, written in 1900. A gentle and lyrical piece, which provided a good contrast with the grand opening piece by Bach. Choral Evensong was part of the series, which of course we can enjoy every month. Generous

donations after each concert go to support music in our church.

Editor Lizzy

People in our church – Betty Clement

Betty grew up in Worthing, and as a result has always had a love of the sea. When she was 11 her family moved to Dorset. At the age of 18 she went to London to train as a nurse at Guy's Hospital and loved it straight away. She found the local patients were such fun; lovely people. As it happened that is where she first met the man who, many years later, was to be her husband.

In order to work overseas it was then necessary to be a nurse and a midwife and Betty has travelled a great deal during her professional life. By this time her parents were living in Devon, so she decided to undertake the community part of her midwifery training in Exeter. She rode a bike; quite an achievement with all the hills in Exeter!

Betty loved working as a midwife, partly because there is normally such joy when a baby is born, and the wonder of a new life never fades. She spent two years in Canada where, soon after her arrival, twelve foot of snow fell, and she was able to ski to work and later trudge home with her skis strapped to her back. There was also a frozen lake which was floodlit at night for skating. A wonderful time. Towards the end of her time in Canada, she and two friends sold their cars, bought a clapped-out camper van, and drove from Vancouver to Mexico City, which was great fun.

Betty then returned to Guy's and, after a couple of years, trained as a midwife teacher and taught student midwives and nurses. One of her students was Iris Cooper, another member of our congregation! Later Betty moved to Nottingham where she was head of the largest midwifery school in the country. After 7 years in Nottingham Betty was head-hunted by the Royal College of Midwives and the University of Surrey for a joint appointment as lecturer on the Postgraduate Certificate in the Education of Adults course, a multi-disciplinary course undertaken by nurse and midwife teachers. By this time Betty had graduated with a degree in Education and written a number of textbooks, one of which became the seminal textbook for midwives.

She was then invited by the World Health Organisation (WHO) to join a group writing training materials for developing countries where the maternal and infant death rates were very high. The first developing country Betty visited was Malawi and she loved the experience. The aim of these visits was to work with government officials, local health providers and schools of midwifery and nursing to identify the problems leading to such high death rates and help them devise and implement plans to try and reduce these rates. It usually involved several visits and a lot of travelling, in the case of Malawi in an old jeep which frequently broke down! Clearly Betty was very persuasive because in due course she had funds to set up a training programme in the UK for midwife teachers from developing countries. This resulted in significant improvements in midwifery training and practice. After visiting a number of African countries Betty moved to Asia where again she worked in several countries doing similar work which she very much enjoyed.

Betty had been living in Sonning, near Reading, but wanted to live by the sea --- and found Budleigh! She has known Alan and his wife and family for many years but sadly his first wife died just before they planned to move to Budleigh. It was about two years later that Alan finally decided to move. During the next couple of years in Budleigh the relationship developed between Alan and Betty, and they were married in St Peter's Church.

Betty and Alan see a lot of their children and grandchildren. They travel a good deal, enjoy The Arts Society, music and entertain a fair bit. Betty plays croquet, goes to a Keep Fit class and enjoys walking in this beautiful coastal and countryside area. Betty feels very blessed---- having had a happy childhood and a wonderful life and family.



Jumble Sale on Saturday 22nd June in East Budleigh Village Hall 10 – 12

Donations welcome on the day between 8.30 and 9.30. All proceeds going to Peter's Dragon in Exmouth who give valuable support to those families bereaved by suicide. Do come along, you never know what you will find! Entry £1. *Fran Mills*

DIARY DATES FOR JUNE

Tuesday 4th 9.30 am: St Peter's Prayer Group in the Lady Chapel

Saturday 8th and Sunday 9th: East Budleigh Scarecrow Festival

Sunday 9th 6 pm: Choral Evensong

Tuesday 11th 2.30 pm: Mother's Union - Talk by Betty Clement on the WHO Project in Indonesia

Thursday 13th 12.15 pm: Loaves & Fishes lunch, Peter Hall. Book with Fran, or Mary Jones on 443333 by six days in advance. Cost £10.

Thursday 20th 8.45 am: Men's Breakfast, Seachange. Book on 443333 three days in advance

Saturday 22nd 10 - 12 noon: Jumble Sale in East Budleigh (See elsewhere for details)

Sunday 23rd: St Peter's lunchtime Barbeque, in the churchyard at midday. Tickets £10 from Fran or Iris Cooper

Friday 28th 9 am - 1 pm: Food Market and Craft Fair in the Public Hall

Sunday 30th 12.30 pm: Solos Lunch. Book with Fran by the previous Wednesday

Rendezvous Café every Friday at 10 am in the Peter Hall

SERVICES

Sundays Holy Communion at 8 am and 10 am Choral Evensong 6 pm second Sunday
Wednesdays Holy Communion at 9.30 am

For services at the other RMC churches see www.raleighmissioncommunity.org.uk

QUICK CONTACTS

VICAR: The Revd. Martin Jacques, The New Vicarage, Vicarage Road, East Budleigh, EX9 6EF. 443473
revmartinjacques@gmail.com (not Fridays)

RMC Administrator: Fran Mills raleighmc@gmail.com Working at home Mon, Tues, Thurs 9 - 1 07880 331465
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Churchwardens:	Iris Cooper	445273	John Rockey	445520
Deputy Wardens:	Judith Stewart-Young	442197	George Maddaford	446077
	Pat Rogers	446304	Eileen Milne	446725
	Angie McKenna	911243		

PCC Secretary: Fran Mills 07880 331465 **PCC Treasurer:** Tony Gray 444006

Director of Music & Organist: Stephen Tanner 07804 209226 **Peter Hall Manager:** George Maddaford 446077

St Peter's Burial Ground: Milena McClellan 445366 **Safeguarding Representative:** Tina Ellett 07426 090311

Friends of St Peter's: Co-ordinator Tony Gray 444006 stpetersbudleightreasurer@gmail.com

To join the Mini-Mag email list, please send your address to Lizzy Doorbar at doorbars@btinternet.com

Contributions to the Mini-Mag are most welcome. Please send them to me by 20th of the month. The earlier I receive your piece, the greater the chance of it finding space in the Mini-Mag!