# East Budleigh with Bicton Parish News



Scarecrow Festival Photogrph: Peter Bowler

# Issue: July 2023

#### Available online at

www.raleighmissioncommunity.org.uk/east-budleigh-parish-magazine



### **Gentle Dental Care** in Relaxed and Friendly Surroundings

General Dental & Referral Services Now Budeigh Salterton's only independent family run dental practice

- Caring, everyday dental care for all your dental needs
- **Dental Hygiene Team** for a healthier smile and gums
- Mercury free white fillings as standard
- In house **laboratory** for outstanding lab work
- **Dental Implants** for missing teeth and problem dentures
- Denture repairs while you wait
- Reliable, friendly care with appointments from 8am

**Referral services** for complex treatment available to both self referring patients and referrals from other dentists www.ashburydentalcare.co.uk/referrals

Don't be embarrassed or nervous, contact us today to register as a patient or book a free consultation to see how we can help you.

# 01395 444 432



w w w . a s h b u r y d e n t a l c a r e . c o . u k

Ashbury Dental Care - 53 East Budleigh Road - Budleigh Salterton - EX9 6EW

July view from the Vicarage ...

Dear friends,

It's amazing what you learn looking at Google. Fun fact: Apparently July was named July in 44BC by the Roman senate (what have the Romans ever done for us?) in honour of Julius Caesar. Before that it was known as Quintillis because it was the fifth month of the year which only started in March. Winter was deemed to have no months! Mind boggling.

It is a lesson that everything we think is timeless and changeless actually isn't. The first rule of understanding the universe is that in time, all things are changing all of the time including ourselves. Every atom in our bodies is replaced every seven years. If you look at a photograph of yourself taken when you were young, there is not one bit of you in that photo that exists as you today – you are a completely different person physically.

But you are still you. How can this be? It has been posited by physicist and theologian John Polkinghorne that what we call the soul is in fact "an information bearing pattern" held in the mind of God. Every new atom that becomes you miraculously conforms to this pattern that is you.

This pattern lives, grows, and eventually dies to that physical form. But in eternity, in the realm of God nothing dies, and nothing is wasted or cast aside. Your "pattern" is remembered in the mind of God. Resurrection is part of the fabric of the universe and not an aberration. Jesus has showed us our future!

If you are still with me – well done – sit down, have a biscuit and a cup of tea or coffee. Some things in life are just mysteries and I am content to leave them that way. Science can take us all just so far, but I am glad that science can sometimes lend a hand and not contradict our faith. You cannot put a dollop of love or compassion or the divine in a Petrie dish and examine it under a microscope. I am quite glad these wonderful theories exist but in the end, faith also cannot be examined or investigated. And faith, however small or hard to come by can move mountains.

Martin



If you know of anyone vulnerable or living alone - whether they come to church or not - who would appreciate being contacted, please phone the Raleigh Mission

Community Pastoral Team Leader - Jenny Steele on 443133 or Lynda Bunting from All Saints, East Budleigh on 446731.

All information, advertised or provided, is accepted in good faith as being correct at the time of going to press. Opinions expressed in the magazine are not necessarily those of the publisher and editor. The publisher accepts no responsibility for products, goods or services that may be advertised or referred to. No part of this publication may be reproduced, in any form, without the prior express consent of the publisher.



## Friends of All Saints East Budleigh

A heartfelt thank you to everyone within and without East Budleigh who supported this year's 20th Anniversary Scarecrow Festival.

The organising committee are so grateful to everyone who made the effort to put out one or more of the 100 or so scarecrows that were scattered around the whole village. Thank you too, to all the volunteers who joined us around the event helping to make it such a success and all the local businesses that donated their products and supported our fundraising efforts.

The anticipated thunderstorms never arrived and a bit of gentle drizzle on Saturday did nothing to dampen the enjoyment of the visitors to the festival. We were delighted to see so many families and groups of all ages wandering and enjoying the atmosphere.

All activities were popular, the village hall hummed with folk enjoying refreshments and browsing the stalls while musical entertainment was performed on stage at various times of the day. The duck races were enthusiastically supported, as was the raffle which had some great prizes. There was plenty for children to do with a craft tent, face painting and a bouncy castle.

As ever, up at the church, visitors admired the brightly coloured knitted goods on display and were also treated to a handbell demonstration and taster session and the, always popular, trips up the bell tower to see the beautiful views over the village and surrounding countryside.

On Sunday the weather was much brighter and there was a good turnout for the Dog Show and it was lovely to see them sporting their rosettes around the village. The Classic Cars on display in the Vicarage garden were another focal point of interest.

All in all, a lovely family day out, so much so that one of our scarecrows was featured in the Sunday Times - thank you Pound Princess!!

Again many thanks to everyone for supporting our event which raised a magnificent £4,450 towards the maintenance and upkeep of our beautiful ancient church.

### Friends of All Saints 200 Club Raffle

The Friends of All Saints, East Budleigh, invite you to join our 200 Club Raffle with a chance of winning a monthly cash prize (£40 first, £20 second and £10 third prize). We hope you might find it fun to be in with a chance to win back your annual investment and maybe more ...... or, perhaps, you might like to buy tickets as gifts for friends or family!

Just send your name, address and telephone number together with payment to the address below:

1. with a cheque for the remainder of the year of £6 made payable to 'PCC All Saints East Budleigh' or

2. Tick the box to confirm payment by direct bank transfer (BACS). The account details are:

Account Name: PCC All Saints East Budleigh Sort code: 30 94 36 Account Number: 00601276 Reference: 200 Club



NAME:

ADDRESS:

PHONE:

E-mail address:

Signature:

Return to: Angela Canning, Membership Secretary of the Friends of All Saints Church East Budleigh, c/o Stores Cottage, 14 High Street, East Budleigh, EX9 7DY

#### 200 Club Winners

1st - Mr Derek Williams 2nd - Mr Ian Briggs 3rd - Mr T Pyne

Next edition of the Parish News Please send items for the double edition covering August and September 2023 of the magazine to ebmag.as@rmcommunity.co.uk by 6pm on Friday 21st July 2023

#### East Budleigh with Bicton Women's Institute

We have had a busy June. Twenty members enjoyed an outing to Fursdon House near Cadbury. It is a wonderful old house with lovely gardens, and the cream teas were excellent!

Next came the Scarecrow Festival – a hectic couple of days manning the bric-a-brac stall, together with a couple of games. The "guess the cake ingredients" game had lots of people puzzled; no-one managed to identify all the flavours, but the one who guessed the most won a lovely bottle of Prosecco. Thank you to everyone who bought things, had a go and importantly those who generously donated bric-a-brac.

Our next meeting is in the Village Hall on Thursday 13th July at 2pm when we welcome Vivien Jones who will talk on "A Glamorous Life in TV & Film". Then on Thursday 10th August at 2pm we will have a cookery demonstration, and are hoping for a tasting too!

Our meetings are on the second Thursday of each month (except September) in East Budleigh Village Hall at 2pm and finish around 4pm. We are always happy to see visitors, so do come along and enjoy a meeting with us.

If you want to find out more about our WI then please contact our President Diana Humphreys by phone 07768 529352, email eastbudleighwithbicton@devonwi.org.uk or look at our website: https://eastbudleighwithbictonwi.org

#### EAST BUDLEIGH & BICTON PARISH COUNCIL

Our village is looking very tidy after some very good work by StreetScene. They especially worked hard on the Recreation Ground to remove many of the overgrown tussocks. Footpaths are overgrown in some areas due to the increased growth early this year, but our volunteer Path Wardens are doing their best to clear them. Residents near the car park have commented on the improved lighting since new LED lamps were fitted.

#### Beaver effects

East Budleigh has gained the attention of the Sunday Times on an unprecedented two occasions in the last month. A recent article discussed how beavers are mitigating the risks of flooding in East Budleigh. It described how our "picturesque village" was unscathed during the recent floods compared with our near neighbours probably as a result of the large pond and dams built upstream on Budleigh Brook by the beavers, which have slowed the flow of water. The article went on to say that a 2020 study by Exeter University concluded that the beavers had reduced "peak flows" through East Budleigh, which was previously prone to flooding. The scientists wrote "Beavers have created a huge storage area within the floodplain above the village". A Director at Devon Wildlife Trust also commented that this had significant benefits to other wildlife and remarked: "A wetland like this is brilliant for biodiversity". Derek Wensley, Chair.

The Clerk can be contacted Monday to Friday mornings after 9.30 am. 01395 489155 clerk@ eastbudleigh-pc.gov.uk



### 184026 PLUMBING & HEATING SERVICES • Central heating & plumbing specialists

CAPITAL

- Installations Repairs Servicing
- Boiler Replacements
- Gas Safety Inspections/Certification
- Established 1999

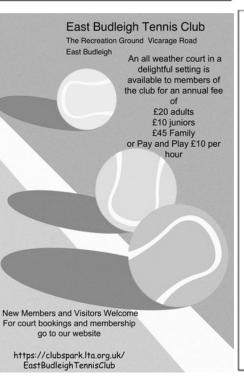
säfe

- 27 years experience
- Free estimates
- 10% discount on servicing of boilers on receipt of this advertisement

### 01395 443622 or 07977 238009

www.capitalplumbingandheating.co.uk

Vicarage Road, East Budleigh



# S Cox & Co Construction

**GENERAL YOGA CLASSES** 

WITH NICKY HARDY

at

EAST BUDLEIGH CHURCH HALL

**EVERYONE WELCOME!** 

JOIN US TO REDUCE PHYSICAL AND

MENTAL STRESS

WEDNESDAYS, FRIDAYS

AND SATURDAYS at 10am

I have been studying & teaching yoga for

more than 15 years, and am a fully

insured member of the

British Wheel of Yoga

For more information please contact

Nicky on 01395 568 906 or

exhale\_yoga@yahoo.co.uk

A local Family owned and operated construction company With over 30 years of experience.

> (01395) 445764 07717855264

info@scoxandco.com www.scoxandco.com

### gilbertstephens

# When you need advice we have the solution

#### Call our Budleigh Salterton office 01395 44 55 81 51 High Street, Budleigh Salterton EX9 6LG

-	~~	
Other	offices	at

Sidmouth	01395 51 24 43
Ottery St Mary	01404 81 22 28
Exeter	01392 42 42 42
Crediton	01363 77 55 66
Okehampton	01837 51 21 00

Visit **gilbertstephens.co.uk** for more information

# EXE-GAS & OIL

- **Plumbing & Heating**
- Boiler breakdown & service
- New installations
- Fires & cookers fitted & serviced
- LPG systems
- Plumbing

For free estimates or advice please call

Peter Williams on: 01392 877345

Mobile: 0787 162 1157

FULL BOILER SERVICE FROM -

**£60 (VAT EXEMPT)** 



556644



- Experienced, friendly and local RIBA chartered architectural practice based in Tiverton, with a central Exeter meeting space.
- Specialising in the adaptation of listed buildings, residential extensions, renovations and low energy design new builds.
- For a FREE consultation please contact Luke McAdam:
- 01392 459777 MAIL@HMAD.CO.UK WWW.HMAD.CO.UK



repairs & maintenance

Steven Cornish tel 01395 268046 mob 07970 892085

HETAS APPROVED













Photographs Peter Bowler











9

#### Our Churchyards...

#### Are you any good at simple DIY?

If anyone out there could help with some simple DIY jobs, eg, sanding down the handrails, filling any needed repairs and painting, please get in touch.

#### Valerian also called Centranthus

Above the Church walls along High Street and up the main path to the Church is ablaze with red valerian (Centranthus ruber). This tough Mediterranean wildflower arrived here about four hundred years ago and quickly became naturalised. It thrives in coastal areas ... it loves cliffs and walls ... and may be seen in peoples' gardens (however, you are no longer supposed to introduce them into gardens!). It has tiny, clustered flowers that are nectar-rich that are adored by butterflies, bees and moths. Once the flowering heads have gone over, with careful pruning you may get a second set of flowers. Valerian is an herb that is used in some traditional medicines.

#### Love Your Burial Ground - East Budleigh Event on Sunday 4th June

Caring for God's Acre (CfGA) believes churchyards and the estimated 150,000 volunteers who care for them deserve recognition and celebration! For over 15 years, CfGA has run a dedicated week in the first week of June called 'Love your Burial Ground Week.'

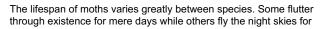
In East Budleigh, our challenge is that the week leads into the Scarecrow Festival, so it is not easy to organise activities throughout the week. This year there was a chance to enjoy your art in the Churchyards, bric-a-brac in the Church Hall, two Churchyard Tours and refreshments on Sunday 4<sup>th</sup> June. We were pleased to welcome eight people on each of the Tours including some visitors to East Budleigh - we covered the wildlife seen in a year, management of the Churchyards, interesting stories about some of people buried here, and how we strike a balance between being an area of peace and contemplation for people whilst allowing nature to flourish. The event raised £184 towards the maintenance of the Churchyards thanks to Maria and her dedicated team of helpers.

#### The Night Shift

The UK is home to over 2,500 species of moths. They grace our skies with a diverse palette of shapes, sizes, and colours. Unlike their butterfly relatives, most species of moth are primarily active during the night and have evolved adaptations such as sensitive antennae which guide them through the darkness, detecting subtle chemical signals that lead them to nectar and mates. The flowers of some plants open and become more fragrant in the evening, luring in the moths. These flowers also tend to have pale hues to reflect the moonlight and be easily seen by a range of nocturnal pollinators.

To distinguish a moth from a butterfly, focus on the shape of the antennae - most butterflies have club-shaped antennae with a little delicate ball at the end whilst moths' are usually feathery, saw-shaped or taper to a fine point. If you find yourself too far away to admire the intricate details of their antennae, fear not! Look at their wings – most moths rest with their wings flat and outstretched in peaceful repose, whilst most butterflies fold their wings upright with elegance and grace.

Often camouflaged to perfection, many moth species blend seamlessly with their environment, their patterns mirroring the intricate details of tree bark, leaves, twigs or lichen – keeping them hidden from prying eyes.





#### Our Churchyards....

months. Regardless of their lifespan, moths play a vital role as pollinators, weaving together the delicate threads of the ecosystem.

#### Britain's Most Unusual Lizards

The slow worm is a species of reptile that can be found all over the UK and is well adapted to both rural and urban environments. Burial grounds, gardens, verges and allotments can all provide important places of refuge for slow worms, and with a little extra attention, these sites can also benefit other reptiles and amphibians, such as grass snakes, frogs, toads, and newts. Although often mistaken for snakes, slow worms are actually legless lizards with eyelids, a flat forked tongue, and the ability to shed their tails to evade predators. Slow worms can grow up to 30cm in length and typically live for 20-30 years in the wild, though the record for the oldest slow worm is held by a male that lived for 54 years in Copenhagen Zoo!

Like all reptiles, slow worms rely on the sun's heat to warm themselves, but they usually stay hidden under cover, such as in long grass, woodpiles, or compost heaps, where they hunt for prey like slugs and earthworms. During winter, they hibernate among tussocky grass, log piles, compost heaps, or stones, and emerge in the spring. When mowing or using strimmers in long or tussocky grass, it's important to check the area for slow worms first.

Unfortunately, slow worms are facing declining populations due to habitat loss. Therefore, managing our spaces to better support these lovable lizards can go a long way in protecting them. We certainly do our bit in the Churchyards with many sightings during the year.



#### **Churchyard Working Party**

There were eight volunteers for the June Working Party. With the summer upon us, many people have holidays and/or grandchildren duties, so we could do with some more help - if Friday doesn't work for you but you would like to help, please let us know and we can find you a suitable task or two.

The next three Churchyard Working Party dates are Friday: 16 July, 20 August and 17 September. All are welcome so come and join us and we will find a task to suit you. We start around 10.00 and finish between 12.00 and 13.00 with a coffee break at 11.00 ... biscuits and/or cake as well!

The CPRE Devon judges for the Devon's Best Churchyard visited at the end of May - we await the outcome in September  $\ldots$ 

Do visit and enjoy the Churchyards – wonderfully welcoming, peaceful places for quiet contemplation and mindfulness, and a haven for wildlife ... and photography.

Penny and Paul Kurowski. Tel: 01395 742942; churchyard.as@rmcommunity.co.uk.

# East Budleigh Church Hall Available to hire for functions and activities.

Please contact:

Richard Slade 01395 443609 or church office 01395 443397



Local Mobile Hairdresser

If you would like to have your hair done in the comfort of your own home

please contact me on

01395 265973

# G B Building & Maintenance

Conservation Builders Historic, Listed and Traditional Methods Lime Plastering Stonework Cob Walls Lime Wash Paints Brickwork

Telephone: Mr Gary Broom on 07776 032289 or 01823 283212 Listed Heritage Member

# **Touch Of Gloss**

Painting and Decorating Over 20 years experience Jill Simpson

Call: 07932 684241

E: jillsimpson10@gmail.com



Aerial Services (Mike Cummings)

- Same Day Service Available
- 7 Days a Week
- Repairs & Reception Problems
- Digital Aerial Upgrades
- CCTV Systems
- Wi-Fi Hotspots





#### Wildlife Photogrpahs and words - David White

Clockwise from top left:

- Nightjar eggs in a nest scape in an unusually open location
- Scarce chaser, a new species of dragonfly for me & seen on the lower otter.
- Golden ringed dragonfly, the largest of the species in our area & with a bee caught as prey
- Two banded demoiselle damsel flies in a serious fight over a female
- Male crossbill, lucky to find a juvenile nearby providing proof of breeding locally
- Two juvenile stonechats recently fledged from their nest



### We're family when family can't be there

#### **Companion & Driving Service**

Driving Miss Daisy is a comprehensive transport service that enables you to enjoy life.

The perfect choice if you...

- Would like to go shopping or have several stops to make
- Have a hospital, doctor's or other appointments to keep
- Are looking for a friendly and reliable driving service
- Would you like a day trip with Driving Miss Daisy?
- Would you like to go on a small group outing?
- Have a wedding/special function to go to?

All our Driver Companions are:

DBS checked Fully licensed First-Aid trained Dementia friends Ring Matt for Exmouth and Budleigh Salterton 07840 705219



Driving Miss Daisy® Write There For You exmouth@drivingmissdaisy.co.uk Facebook page: DrivingMissDaisyExmouth www.drivingmissdaisy.co.uk 0333 014 6211

# **East Budleigh Garage**

Justin Hill

- Free Fit Tyres
- Full Workshop Facilities
- MOT Servicing Exhausts
- Diagnostic Tune
   Body Repairs
- Batteries Valeting Air Conditioning

Your personal and professional local garage

Lower Budleigh, East Budleigh, Devon EX9 7DL Tel: (01395) 445595 Fax: (01395) 445531 email: enquiries@eastbudleighgarage.com

Whilst our freezers have been working overtime to keep stocked up with all the ice creams and lollies for the summer, we must apologise if you sometimes find that your personal favourite is unavailable! We are doing our best, using multiple suppliers, to keep the stock level up but our suppliers have been struggling to keep us all topped up. We are on the case – and will continue to try and keep those freezers stocked as best we can! In the meantime – when they are in ....ENJOY!

ICE CREAM

### SUNSCREEN



We have managed to source the Malibu Kids 50SPF sunscreen. Very good reviews online and we also have Aftersun with Vitamin E – just in case you overdo the sun! You will find it on the bottom shelf of household bits and bobs in the corner of the shop below the tea and coffee shelves!

As always – if you do have requests or ideas that could be helpful – don't be shy, let us know! We can't always guarantee success, but we can guarantee to do our best!



East Budleigh Community Shop Newsletter No. 154 - July 2023

We have a wide range of stock to liven up your lettuce, cucumbers and tomatoes! Add some gherkins or gherkin relish to your cold meats (or BBQ!), a dash of red pepper salsa or picalilli, lots of variety in the Otter Vale chutney section (and, as I was informed by a customer today, over £1 cheaper a jar than at other local sellers).

As you will see on our back page advert this month, Orchardlea have lots of choice to enhance a summer plate – coleslaw, couscous, falafel, balsamic onions, chickpeas, tzatziki and houmous dips – and the ever popular sweet red peppers and guacamole!

Don't forget you can order your steak burgers / sausages / quiches and much more from Arthur's butchers – deliveries on Monday, Wednesday and Friday.



# FORGE Civil and Structural ENGINEERS

Civil and Structural Calculations, Drawing and Advice for a wide range of projects, small or large.

- Domestic Structural Alterations, Extensions, Loft Conversions, Retaining Walls, New Builds Etc
- Commercial Steel, Concrete, Masonry and Timber Buildings, Bespoke Fabrication Design and Drafting
- Land and Water Engineering Above and Below Ground Engineering Design, In-River Engineering Design

John Edmonds BEng IEng MICE

www.forge-cse.co.uk

# E: john@forge-cse.co.uk

T: 07782378988

# East Budleigh in Bloom

What a lot has been happening!

Firstly, thank you to everyone who supported our plant sale on 20 May. We did very well and are set up financially for the next year of planting to keep our wonderful village beautiful. So, whether you were buying, donating plants or cakes, or helping on stalls and setting up, a big thank you.



The village was all planted up in time for the Scarecrow Festival. At the Scarecrow Festival we ran a stall to sell left over plants from our plant sale, together with the surplus from our summer planting and plenty of donated plants, which raised a handsome sum that was shared between us and the Festival.

The Middletown Lane bed is now planted with bee friendly perennials as part of our move towards more sustainable planting. We are also now planting for the Church and the Sir Walter Raleigh pub, so busy times!

By the time you read this our Open Gardens will have happened, so more about that next time. In the meantime, happy gardening!

If you have any queries please contact the secretary, Jon Roseway, 01395 488739.

### Film Screening Event Featuring a selection of locally made short films

Including the 'world premiere' of 'Cold Callers' a 15 minute comedy shot on location in East Budleigh!



#### East Budleigh Village Hall

Saturday 1<sup>st</sup> July 7.00 pm – 8.30 pm Admission free Refreshments Suitable for all ages For more information call 07977 272174 / 01395 443474

# BICTON ARENA

Local Residents Event Information 2023

Pony Premier Show Jumping: 16th – 18th June Arrivals mainly 15th & 16th June Departures throughout but mainly 18th June

Summer BS Tour: 6th – 15th July Arrivals throughout but mainly 5th & 11th July Departures throughout but mainly 9th & 15th July

Dressage Regionals: 20th – 23rd July Arrivals throughout Departures throughout

WWW.BICTON-ARENA.CO.UK



# SIR WALTER RALEIGH

### COMMUNITY OWNED PUBLIC HOUSE, RESTAURANT & CAFÉ



Check our website or Facebook page for latest events and menus

www.sirwalterraleigh.co.uk | 01395 442510 | East Budleigh, Devon EX9 7ED



One of many things we are very proud of at the Sir Walter Raleigh is our music evenings on the first Monday of every month, organised and hosted by Paul Painter. July was the first anniversary, and Paul added a verse about our pub to the East Budleigh Song then sang it to a full house. Such a great evening and enormous thanks to everyone that has performed over the last year. We are very lucky to have such talent in our midst.

#### The East Budleigh Song

Words and music Paul Painter

When Raleigh set off for his city of gold, He thought he'd be rich long before he was old. But he quite lost his head and he never came home, Now his statue it stands on a plinth all alone.

#### CHORUS

Though we roam far and wide it can't be denied. We think of our village with love and with pride. So let's sing it out loud and let's sing it out strong, For we know that there's only one East Budleigh song.

The old Salem Chapel has now been restored, Though stories of smuggling they can't be ignored. The schoolhouse gave hope to the young and the poor, While the roof space was handy as a safe brandy store.

#### CHORUS

Now young Roger Conant left here for the States, And there founded Salem with help from his mates, It's now known for witches and tales of dark deeds, But it wasn't East Budleigh that planted the seed.

#### CHORUS

From Brookfield to Frogmore, Hayes Lane to Oak Hill, From Tidwell and Middle Lane there's plenty more still. We have scarecrows a Maypole and a phone mast that's new, A church and a shop so there's plenty to do.

#### CHORUS

Where once we had two pubs there almost were none The urge to go eating and drinking had gone But we all rallied round and now all own a share Of the new Walter Raleigh, so I'll see you soon there

#### CHORUS

There are some who were born where they still live today, Some come for the week and then don't go away, Because here feels like home and it's easy to see, That here in East Budleigh's where we want to be.

# PLANTATISN GARDENING

#### **Testimonials**

Is the garden getting too much for you? Well, there's no need to worry or sell your house. Just send for Tom and your garden will be transformed. **Denis and Diana (an elderly couple)** 

Thanks Tom, the hard work from you and your team coupled with your expert knowledge and ideas is transforming "Seaway" from a rather nice garden to something stunning that we know we will enjoy for many years.

#### Dorothy & David, Exmouth

'I have no reservation in recommending that if anyone has a jungle which they want transformed into a garden, then these are the people to do it.'

#### P.W Frewn- Smith, Exmouth

We employed Plantation Gardening to dig out and replace an old hedge with a new beech hedge. Tom did a thorough and professional job, on time and on budget. We would definitely use Plantation Gardening again.'

Ken and Tina Garrod, Budleigh Salterton

Landscaping & Gardening Fencing & Gates Hedging & Planting Ponds & Water features Paving & Driveways Decking & Pergolas Garden Maintenance Grasscutting & Clearances







Tel: 07970 806228 www.plantationgardening.co.uk





July 2023 East Devon AONB 60th Anniversary Events

wilight Zone – Riverside Safari,
River Otter, Otterton,
Tuesday 25 July,
5.30pm - 9.30pm
ree event.



Beaver photo Mike Symes

Suitable for

Join us on a riverside adventure along the River Otter in search of beavers with Devon Wildlife Trust. A chance to see beavers in the wild and hear about their history, habits and conservation. Find out how Devon Wildlife Trust's efforts with the help of the local community, have secured a future for these amazing animals.

Please note: beaver sightings cannot be guaranteed.

The evening involves a walk of about one mile on footpaths which can be muddy and uneven. adults and children 12+ years.

Limited places - Booking essential. To book please email <u>savingspecialspecies@gmail.com</u> or contact Ruth Worsley, Wildlife Engagement Officer, 01297 489741

Nature's High Fliers Walk, East Budleigh Common, Wednesday 26 July, 2pm - 4pm, Free event for all ages.



Silver studded blue butterfly - photo Stephen Lewis

Join Graham Jones to explore a rare piece of Devon heathland in search of these elusive insects. We will also look out for other summer wildlife living in the heathland habitat and you can help us spot butterflies to record on the Butterfly Conservation's annual Big Butterfly Count Survey.

East Budleigh Common is part of the Pebblebed Heaths National Nature Reserve (NNR), the largest block of lowland heath remaining in Devon. Nearly 30 butterfly species have been recorded in the Pebblebed Heaths NNR, choosing to make their home in this wild, unspoilt habitat. This event is part of Heath Week.

Limited places - Booking essential. To book: click this link: Nature's High Fliers Summer Wildlife Walk or email savingspecialspecies@gmail.com or contact Ruth Worsley, Wildlife Engagement Officer, 01297 489741

For more information on future East Devon AONB events, projects and news please subscribe to their e-newsletter: subscrib

This event is also linked to <u>East Devon Area of Outstanding Natural Beauty (AONB)</u> Saving Special Species nature recovery work and is part of a programme of special activities marking the 60th anniversary of the East Devon Area of Outstanding Natural Beauty.





20

### The Heritage Centre to open in Salem Chapel this summer.

At its first meeting of the steering group on Thursday 22 June, the name "Heritage Society" found favour. The meeting agenda was planned to get down to business and organise the Society's structure, objectives, business plan and finances in readiness for a hoped-for opening of the Heritage Centre next year.

However only days before the meeting, the Historic Chapels Trust proposed opening the Heritage Centre on a six-month trial basis from this summer. Both parties agreed that the building needs to be clean, and fit for purpose prior to opening. The necessary preparations are underway and are expected to be completed by late July as supported by the new Surveyor and the new Estates Manager. An agreement for the use of the building is being reviewed and will specifically benefit from the HCT public liability insurance.

The current plan is based on soft opening of the Heritage Centre each weekend in August along the following lines:

- 5-6th Our Famous Heritage focus on Raleigh, Conant and Salem chapel itself.
- 12-13th Our Natural Heritage Bees, Birds and Bats and wildlife photos.

19-20th Our Jurassic Heritage - Pebblebed Heath, to Budleigh Brook, to Lower Estuary

26-28 Our Foodie Heritage - 3-day bank holiday weekend. Supported by local producers and businesses.

#### Heritage Centre continued

Meanwhile the steering group will revise the Heritage Centre vision proposals in accordance with the questionnaire outcomes. The main changes will be to reflect the conclusions of the public consultation that the village is not seeking to take ownership and responsibility for maintenance of the chapel but to achieve use as a community Heritage Centre and include the inspired questionnaire suggestions for its use. The revised proposals have been requested by the Historic Chapels Trust, now managed by the Churches Conservation Trust.

### East Budleigh History Society

The East Budleigh History Group met on Monday 12 June and decided to adopt the name East Budleigh History Society.

The initiative for the Heritage Centre questionnaire started with the East Budleigh History Group. Following discussion and consideration of the responses to the Salem Chapel questionnaire, it was agreed that the new Heritage Centre steering committee will be set up as a separate entity. The first meeting of the steering group will be arranged later in June to consider options for community use of the chapel.

The planned visit of the East Budleigh History Society to Topsham Museum is scheduled for Friday 14 July departing from the Hayes Lane car park at 1.30pm. To arrange car share please contact Maria on 0777 321 8582.

# Financial planning that helps you plan for and live your **ideal retirement lifestyle** for the rest of your life **without money worries**.



andrew@neliganfinancial.co.uk

01392 539 429

#### 9 Middle Street, East Budleigh, Devon, EX9 7DQ

https://neliganfinancial.co.uk/

Neligan Financial Limited is an appointed representative of Best Practice IFA Group Limited which is authorised and regulated by the Financial Conduct Authority.

Image by Jan Cretney Ant



The cows will be back on Aylesbeare Common for the summer and there are ponies grazing Manor Common and Withycombe Raleigh Common. We are able to graze the whole of Manor Common for the first time in many many years because we have fenced it. During March, we put in about 800m of fence along the roadside, and we've put a temporary electric fence around the rest of the perimeter. There was a smaller electric fence loop but this is now dismantled. We use traditional breeds that are hardy and well-adapted to the heathland environment for conservation grazing. These include Dartmoor and Exmoor ponies. These animals help us to manage the heaths by keeping on top of more vigorous grasses and scrub, allowing the heathland specialists to thrive. Historic grazing has shaped the heaths that we see today and we now use it as a management tool to maintain the best environment for the rare and vulnerable species found here.

This June we've had a long hot and dry spell, and we've been anxious, especially over the weekends, about the risk of wildfire. There were wildfires in Scotland and at a Devon Wildlife Trust site (not locally) and it's just something that we as heathland managers have to be prepared for. We prepare our sites as much as possible, through fire breaks from mowing, tracks and vegetation clearance. The grazing animals have helped by reducing Molinia – the dead brown leaves are a tinder in the spring before it's all come up green again. But please be mindful of leaving glass bottles and campfires/barbeques. Barbeques and fires are not allowed. Please be careful.

Just a note on dogs on the heathland. Most of our sites, and the Pebblebed Heaths, are open access land. And we graze them all, at varying times of the year, with cows or ponies. With that in mind, please bear in mind the following which is taken from a press release from Devon and Cornwall police.

"All land is owned, and access is not a given right, so it is important that users of the countryside understand specific designations of land and 'rights of way'. For example, on land which is designated as 'access land' a dog must be on a lead between the 1 March and 31 July and at all times when livestock are present."

"Allowing dogs to chase or attack livestock is a criminal offence. Take notice of local signage, respect wildlife and any livestock around you, keeping your dog on a lead to protect livestock and ground nesting birds".

"If you witness an attack on livestock, do not intervene, keep yourself safe and call 999. All other information relating to attacks on livestock should be reported to the police online or by calling 101".



**RSPB** Aylesbeare Common

With regard to the Countryside and Rights of Way Act (2000) which provides for "right to roam" across common land it does indeed require you to control your dog near livestock, but it also requires you to keep it on a short lead between 1st Mach and 31st July to minimise disturbance to ground-nesting birds, mammals reptiles and amphibians. Research has shown that birds avoid nesting in land where they are constantly put to flight by dogs roaming away from footpaths. If your dog simply follows you along the tracks, then there is no reason why you should keep it on the lead, but if it strays away, no matter how well mannered it may be, it will disturb the wildlife. Please help us by setting the right example to fellow dog walkers – this is often as useful as anything else and we do appreciate it. We are a nature reserve, that's what our work is all about.

The nightjars have begun breeding now, churring every evening. The silver-studded blue butterflies are on the wing and the damsel and dragonflies are hawking about. We'll be looking to Heath week soon enough, at the end of July. Enjoy the heaths this month, thank you for supporting and valuing the work we do to maintain the habitat for you to enjoy.





# COME & JOIN OUR TEAM!

We are a smaller, family friendly care home seeking kind, caring and compassionate people who will enhance the lives of our residents in the following roles:

- Weekend Cook 15 hours
- Supper Cook 15 hours
- Senior Night Care Assistant 24 hours
- Night Care Assistant 24 hours
- Care Assistant 18 36 hours
- Housekeeper 15 25 hours

If you are ready for a new challenge, we would love to hear from you.

For further information or to apply please call Holly on 01395 568208 or email enquiries@theoldvicarageotterton.com







# **BoeBoe** Property Services Ltd

- Property Maintenance
- Domestic and Commercial
- Kitchen Fitting
- Bathhrooms
- Flooring
- Project Management
- Fencing & Decking
- Landscaping
- Contract Maintenance
- Snagging

#### Email: info@boeboe.co.uk

### Tel: 07934 977929

Find us on: facebook

### Window and Solar Panel Cleaners covering East Budleigh and surrounds

- Windows and frames cleaned every time.
- All work guaranteed to your complete satisfaction.
- Fully insured and DBS (CRB) checked.
- Friendly, professional service.
- Established 2002.

Telephone 07739 743 409 to arrange your FREE quotation. Please visit our website for more information <u>www.amrs.co.uk</u> or email hello@amrs.co.uk

Let your panes be our pleasure.....



For service, advice and an excellent price, visit us or call us now!

Your local Garden Machinery dealer.

www.gardenkit.co.uk

01395 567514 Unit 2, The Old Sawmills, Hawkerland Road Colaton Raleigh. EX10 0HP



# Do you know anyone living with dementia?

Stimulating, engaging and therapeutic sessions for those with dementia and memory loss

Active Minds - East Devon During the week at SEACHANGE (previously Budleigh Hub)

Book a free session call Kathrine on 01626 774799 or visit www.atlas.care

Your Local

Microsuction

Specialist



🖂 Email info@atlas.care Find us on Facebook

We're All Ears

Website

Address

Email

www.theearwaxclinic.org

info@theearwaxclinic.org

Pebble Brook Clinic, Exeter Road

Call us on: 07395 881 157

Newton Poppleford, EX10 0BJ

The Ear Wax Clinic Local registered nurse Over 100 five-star reviews Same week appointments **Clinic and home visit options Friendly environment** THE EAR WAX CLINIC Affordable Accessible Effective

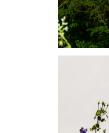
# Safe and comfortable ear wax removal



Free on

site

parking







THE VICARAGE







Scarecrow Festival

Photographs: Peter Bowler









#### OVA Walks Programme for July 2023

Please check the OVA website (www.ova.org.uk) for additional walks and on the day of the walk, in case of last-minute changes.

Please check the OVA website (www.ova.org.uk) on the day of the walk, in case of last-minute changes. Make bookings (where requested) with the walk leaders.

Wednesday 5 July – 10.00am – 6.5 miles

'A Riverside Ramble'

Meet: Newton Poppleford Robert Way car park (OS 115, SY 087 897).

This is a linear walk down the Otter from Newton Poppleford to Budleigh Salterton. We will break for coffee along the way, so bring a flask. Also bring a packed lunch to enjoy on the sea front when we get to Budleigh, before getting the bus back to Newton Poppleford. Or make your own way back by bus straight away. Walk Leader: Ross Hussey: rdandamhussey@hotmail.com or 01395 227991.

Monday 10 July - 10.00am - 7.5 miles. 5 hours with stops. BOOKING REQUIRED

'Three Churches and there's Nobody In(n)!'

Meet: Christow CP (OS 110, SX837 851) Please share cars if possible.

We will visit 3 wonderful medieval churches with a lot of original features and walk along quiet lanes and paths in peaceful countryside with great views on a clear day.

We start at Christow, visit High Ashton and should be at Doddiscombsleigh by lunchtime – bring a picnic or try the Nobody Inn pub for lunch and/or drink. We then walk back to Christow.

Walk Leader: Penny & Paul Kurowski 01395 742942 / 07792 619748 or pandp@kurowski.me.uk

Tuesday 18 July - 10.00am - approx. 6 miles. 3 hours plus stops. BOOKING REQUIRED

'Lustleigh Cleave'

Meet: Lustleigh Church (OL 28, SX 784 812)

Roadside parking in Lustleigh is limited – please share cars if possible.

The walk climbs steeply from Lustleigh to the top edge of the cleave (valley) above the river Bovey with views across the Moor, before descending to the dense woodland of the cleave and an undulating path back to the village. Sturdy walking boots and sticks recommended. Much of the walk is also in shade if it is a hot day.

There will be a coffee stop at Hunters Tor and a picnic stop in the Cleave.

Walk Leader: Jane Kewley 01395 445598 or 07966 280147 or janekewley7@gmail.com

Walk Leader: Jon Roseway 01395 488739 / 07887 936280

Wednesday 26 July - 5.30pm - 4.3 miles. 2 hours. EVENING WALK

'Ghost Train'

Meet: Tipton St John Level Crossing (OS 115 SY 091 917) a roadside bench between the Golden Lion Inn and the Playing Fields memorial clock. Car parking in the playing fields car park (donation) or at the pub if staying on for the meal.

An illustrated (old photos) walk to mark 60th anniversary of the demise of steam trains in the Otter Valley. Across the fields to look at the 5-arch bridge and Tipton Mill, then footpath, road and track following the Sidmouth branch route as far as the Knapps Lane bridge, Harpford.

Finishing at 7.30pm by 'whetting your whistle' at the pub with another look at the photos, or stay on for an evening meal together – book your own place(s) by ringing the Golden Lion 01404 812881 (ask to join Haylor). Walk Leader: Haylor Lass 01395 568786

Thursday 3 August - 10.00am - 7 miles. 4.5 hours

'River Otter and Aylesbeare Common'

Meet: Newton Poppleford recreation ground CP (OS 115, SY 0883 8996).

This walk takes us on a trip around Newton Poppleford on riverbanks, footpaths, green lanes and quiet roads. We follow the East Devon Way up through the Aylesbeare Common Nature Reserve to the high point at Joney's Cross. Then we head down into the Hawkerland Valley as far as Colaton Raleigh. From there it's a pleasant stroll alongside the river Otter back to the start. Bring refreshments and a packed lunch.

Walk Leader: Jon Roseway 01395 488739 / 07887 936280







Mill Water School's student council decided to make a Super Mario scarecrow for the festival. Pupils installed it outside the village shop, along with committee member Angela Canning who kindly supported them with this project.



#### Volunteer at A la Ronde your local National Trust Property

Are you interested in volunteering? Join us to find out more at our volunteer morning on Thursday 13th July 10.30 to 1.00 for the chance to look around the property and find out more about our volunteering opportunities. To book your place or for further details please email: <u>alison.palfrey@nationaltrust.org.uk</u> or visit our website.

#### Volunteer at A la Ronde | Devon | National Trust

We have volunteering roles indoors and outdoors:



**Indoors** we have opportunities for House Experience volunteers who are key to keeping the house open to the public and to share the unique stories about the Parminter cousins whose vision created A la Ronde

**Outside** we have opportunities for Estate tour volunteers to guide visitors on a walk about the estate explain the setting and importance of the gardens. Each tour lasts between 45mins and an hour.

Joining our Summer of Play activities.

#### Best of both

Welcoming visitors to A la Ronde, scanning membership cards, and introducing the facilities. Guiding them through the barn and our excellent secondhand bookshop

In the Courtyard a volunteer welcome visitors ands, ensures a smooth flow of visitors to the house.

Joining our Summer of Play activities.

#### What our volunteers say

'I love learning about people & places so being at A la Ronde is really rewarding'

'I just started to try everything. It's so interesting. You try one thing & you want to try more'

### **Rolle Podiatry** & Health ~\_ ~\_ ~\_ ~\_

#### Kate McNally BSc Pod, MChs

& Linda Wendon MSSCh, MBChA Health Care Professions Council Registered

- **Routine Chiropody/Podiatry** •
- **Diabetic Foot Care**
- **Orthotics & Insoles** •
- Nail care service

#### Susan Fishwick MFHT, CNHC Reg **Complementary Health Practitioner** & Instructor

- Relaxing, Therapeutic Massage
- Reflexology
  - Hivamat Therapy
  - Manual Lymphatic Drainage •

#### Friendly, convenient & expert services



Rolle Road, Budleigh Salterton



Chiropody 01395 442437 www.rollepodiatry.co.uk

www.hcpc-uk.org Massage 0771 3200 907 www.complementary-therapy-devon.co.uk





#### **Our Foodie Heritage** A new event to celebrate Devon producers

**Heritage Centre East Budleigh** Saturday/Sunday/Monday 26-28 August 10am-4pm



Arranged by the Heritage Society East Budleigh Contact Maria on 0777 321 8582

### **Our Natural Heritage**

A new display - Bees, Birds & Bats at Heritage Centre East Budleigh Saturday/Sunday 12/13 August 10am-4pm



Arranged by the Heritage Society East Budleigh Contact Maria on 0777 321 8582

### **Our Jurassic Heritage**

Pebblebed Heath to Budleigh Brook to Otter Estuary - new display at the Heritage Centre East Budleigh Saturday/Sunday 19/20 August 10am-4pm



Arranged by the Heritage Society East Budleigh Contact Maria on 0777 321 8582

### **Our Famous Heritage**

A new display at the **Heritage Centre East Budleigh** Saturday/Sunday 5/6 August 10am-4pm



Arranged by the Heritage Society East Budleigh Contact Maria on 0777 321 8582

# **everys** solicitors

### © 0800 8840 640 www.everys.co.uk





# WHATEVER YOUR LEGAL NEEDS, WE CAN HELP!

# **Our services**





#### **Budleigh Salterton Lions Club**

LIONS YOUNG LEADERS IN SERVICE AWARD Budleigh Salterton Lions Club (CIO) is pleased to participate in the Lions Young Leaders in Service Award scheme (YLiS). The scheme is part of Lions' Clubs "Opportunities for Youth" initiative.

The Lions YLiS award recognises young people between the ages of 8-18 years old for their service to the community.

The young person is provided with a 'log book' in which to record their service activities. This needs to be 'signed off' by a responsible adult, who can be a teacher, youth leader, parent or someone similarly responsible...

The activities are in a number of different categories – all the hours can be from the same activity or from a variety of services.

The categories for the projects undertaken by the young people are:

service for the elderly service for children the environment safety training service to parents and family literacy and education disaster relief public health taking a leader's role community improvement helping a Lions Club any other service activity of your choice.

The Young Leaders in Service Awards encourage, guide, mentor and recognise young people (aged 8-18 years) for their community service. On completion of their hours of service, the young people awarded will receive a certificate, a letter of congratulations from Lions Clubs International (MD105) British Isles, and a Young Leaders in Service pin. There are three levels of award:

Bronze 25-49 hours service Silver 50-99 hours service Gold 100 or more hours service The scheme can help those young people v Edipburgh Award: Scouting: St. John Amb

The scheme can help those young people who are involved with other organisations, e.g. Duke of Edinburgh Award; Scouting; St. John Ambulance; etc. by being able to obtain their YLiS certificate to coincide with their other award.

The benefits for young people taking part: experience the rewards of community service become involved in their community and with their local Lions Club receive an International award have a certificate for their CV or record of achievement attend an awards presentation

If you are, or know of, a young person between the ages of 8 -18 years who might qualify for this scheme and who resides in the local area then please let us know and we will gladly let you have more information and a registration form...

For more details contact Lion President Richard Allen via the Budleigh Lions website: www. budleighlions.com

# Painting & Decorating by **Steven Richards**

Free estimates for all Interior & exterior decoration also fascia & guttering cleaning

tel 01395 446382



mob 07970 158772 8 Hayes Close **Budleigh Salterton** 





Unit 4 Concorde Road • Dinan Way Trading Estate • Exmouth EX8 4RS

Tel and Fax: 01395 275772

Carpets/Vinyl/ Rugs Free Measuring Expert Fitting Service Available **Over 30 years experience** 

Call 01395 275772 and ask for lan or Dave

# **FREE COURSES FOR ADULTS**

# **BICTON**

- Learn a new hobby
- Upskill for career progression
- Access higher level learning

# Visit bicton.ac.uk/adult Call 0330 123 4782

\*Some courses require material fees. Funding options available for 19+ further/higher education courses.







# **Stamp Collections**

large or small I wish to buy all-world stamp collections.

I am particularly interested in British stamps, British Empire & the Commonwealth.

Please ring, or email, to arrange a free, no obligation valuation. I can visit you at home. (subject to Covid of course)

Brian Cook 01626 852552 or email <u>sunderlandcook@btinternet.com</u>

# HOME MAINTENANCE most repairs to the home

Peter Read 07476 882353 Painting internal and external Damp and Timber treatments Wall Tie replacements Fencing-Patios-Decking Pressure Washing Any job too big for you to tackle.

Any job too big for you to tackle. Call us for advice. We are local and will help if we can.

peterread11@hotmail.co.uk

Who's who in East Budleigh & Bicton

Vicar - Rev'd Martin Jaques -01395 443473 / 07795025016

Churchwardens -Marilyn Hobbs 01395 488739 John Neligan 01395 442781

RMC Administrator Fran Mills 01395 568732 raleighmc@gmail.com The office at St Peters church is open; Wednesday 10-12 Monday, Tuesday & Thursday please phone between 9-1

Parochial Church Council -Secretary -Fran Mills 01395 443397 pccsecretary@rmcommunity.co.uk

**Treasurer -**Maria Malinowska 07773 218582 pcctreasurer.as@rmcommunity.co.uk

Bellringers Captain -Alan Murdoch 01395 445230

Organist -Geoff Aplin 01395 442951

**Church Hall Bookings -**01395 443609 or Church office 01395 443397

Parish News ebmag.as@rmcommunity.co.uk

#### Services in the Raleigh Mission Community - July 2023

Date	Time	St Peters	All Saints	Otterton
July				
Sunday 2nd	8.00	Holy Communion BCP		
Sunday 2nd	9.30		Holy Communion	
Sunday 2nd	10.00	Holy Communion		
Sunday 2nd	11.00			Morning Prayer
Tuesday 4th	9.30		Morning Prayer	
Wednesday 5th	9.30	Holy Communion		
Thursday 6th	9.30			Morning Prayer
Sunday 9th	8.00	Holy Communion BCP		
Sunday 9th	9.30		Holy Communion	
Sunday 9th	10.00	Holy Communion		
Sunday 9th	11.00			Holy Communion
Sunday 9th	18.00	Choral evensong		
Tuesday 11th	9.30		Morning Prayer	
Wednesday 12th	9.30	Holy Communion		
Thursday 13th	9.30			Morning Prayer
Sunday 16th	8.00	Holy Communion BCP		
Sunday 16th	9.30		Holy Communion	
Sunday 16th	10.00	Holy Communion		
Sunday 16th	11.00			Holy Communion
Tuesday18th	9.30		Morning Prayer	
Wednesday 19th	9.30	Holy Communion		
Thursday 20th	9.30			Morning Prayer
Sunday 23rd	8.00	Holy Communion BCP		
Sunday 23rd	9.30		Holy Communion	
Sunday 23rd	10.00	Holy Communion		
Sunday 23rd	11.00			Holy Communion
Tuesday 25th	9.30		Morning Prayer	
Wednesday 26th	9.30	Holy Communion		
Thursday 27th	9.30			Morning Prayer
Sunday 30th	8.00	Holy Communion BCP		
Sunday 30th	9.30		Holy Communion	
Sunday 30th	10.00	Holy Communion		
Sunday 30th	11.00			Holy Communion
August				
Tuesday 1st	9.30		Morning Prayer	
Wednesday 2nd	9.30	Holy Communion		
Thursday 3rd	9.30			Morning Prayer

# Discover your *local...*

Providers of tailor-made care in the comfort of your home

 Tailor-made care, to meet client needs and wishes

 Visits range from
 hour to 24 hours,
 with Live-In Care
 options available
 Highly trained
 Care Professionals

> Proud to be a leading Employer in Care

- Excellent Rates of Pay
- Award Winning Training
- Career options in Care
- and Management
- Range of local contracts to suit you

Inspected and rated Outstanding 🛧 O Care Quality Commission

 $(\mathfrak{P})$ 

Live-In

Care Options available

SCAN ME

F





homeinstead.co.uk/exeter-east-devon

# East Budleigh Community Shop Arthtattattatt



Opening hours:Monday to Friday 9 am to 6 pm. Tuesday 9 am to 7 pm Saturday 7 am to 4 pm. Sunday 8.am to noon

# Salad Days!



Salad days are here! Pep up your salads with our great range of pots, relishes and dips from all our local suppliers.

# www.eastbudleighshop.co.uk

telephone: 01395 445550 email: eastbudleighcommunityshop@gmail.com Wi Fi available