

East Budleigh with Bicton Parish News



Heron with breakfast

Photograph credit: David White

Issue: FEBRUARY 2023

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February view from the Vicarage ...

February has the reputation of being a dark dismal unremitting month so it might seem appropriate that Ash Wednesday falls on the 22nd when we recall our mortality and at the Ash Wednesday service, I apply Ash to people's foreheads (if desired) accompanied by the words

"From dust you came and to dust you shall return. Turn away from sin and be faithful to Christ."

Thus, with this reminder of our own mortality ringing in our ears we enter the season of Lent where we strive to come into a better relationship with God and with our neighbour.

Traditionally this season is coloured by the notion of sacrifice and people usually have "given things up for Lent" but in recent years I've noticed a trend for "taking things on for Lent" because there are many ways in which we can establish a better relationship with God and taking something up (for example) of something simple like saying a prayer before meals, or reading some spiritual literature every day, or thanking people more than you would normally, has the benefit that it generally makes you feel good as well.

Of course, the Lenten tradition of sacrifice and self-examination leads up to the great celebration of Easter and it as a fact of life that you enjoy the highs much more after you have experienced the lows, which is why both great explosions of celebration and rejoicing in the Christian calendar of Christmas and Easter are both preceded by more sombre periods of reflection. Both Lent (before Easter) and Advent (before Christmas) lead us into a state of being that enables us to enjoy and appreciate more the heightened state of joy and celebration of both festivals. This makes sense on a human level because it is hard work trying to maintain a heightened level of enjoyment over a long period of time which has the effect of deadening the day of celebration itself.

For example, extending Christmas over a longer and longer time just ends up making the actual day itself a relief just to get the whole thing over with. I recommend a bit of what they nowadays call "delayed gratification". Lent fulfils that role before Easter wonderfully.

Peace and Love, Martin

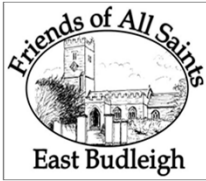
**Pastoral
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If you know of anyone vulnerable or living alone - whether they come to church or not - who would appreciate being contacted, please phone the Raleigh Mission

Community Pastoral Team Leader - Jenny Steele on 443133 or Lynda Bunting from All Saints, East Budleigh on 446731.

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Friends of All Saints East Budleigh

Our purpose is to raise funds towards the maintenance of our ancient church and chutchyard

I start to write this in mid-December while Saturday evening, the 10th is still fresh in my mind. Exeter University Chapel Choir performed a wonderful, moving and uplifting concert for the Friends of All Saints. Over 100 people attended, welcomed on that chilly night with a glass of mulled wine. The church was a 'warm place' and a good time was had by all. Most wonderfully, the audience helped us to raise over £1000 towards the upkeep of the church and added another £300 towards the fundraising of the self-funded choir themselves! It was a win/win situation, sadly unlike the event at the same time in Qatar where England footballers lost out in their quest to win the World Cup.



Following the difficult 'lockdown' years when we could not hold any events, 2022 has shown a huge reversal. The fundraising events of the Friends of All Saints have been incredibly generously supported and whilst still awaiting final figures it would appear we have raised around £10,000 to help with the upkeep of the church. This is an amazing figure and will hopefully help fund one or two of the more major bits of remedial work required to keep the church building well-maintained.

I continue now in mid-January with all the festivities behind us and the Christmas tree recycling in Budleigh already done. Of course, the next major focus for the Friends is the annual Scarecrow Festival to be held on the weekend of 10/11 June this year. We will soon start planning for this and would absolutely welcome anyone who would like to join our band of volunteers to help run this event. If you feel you would like to be involved, please do email us at friendsofallsaintschurch.as@rmcommunity.co.uk

There are many ways of contributing to our fundraising and many people already invest £12 a year in our 200 Club. Every month we have a draw with cash prizes of £40, £20 and £10 to be won each month! We had over 30 different winners throughout last year.

Please see the 200 Club form in this magazine should you wish to take up this option – by the time you read this it will be £11 for the rest of 2023. You need to be in it, to win it!!!

Friends of All Saints 200 Club Raffle

The Friends of All Saints, East Budleigh, invite you to join our 200 Club Raffle with a chance of winning a monthly cash prize (£40 first, £20 second and £10 third prize). We hope you might find it fun to be in with a chance to win back your annual investment and maybe more or, perhaps, you might like to buy tickets as gifts for friends or family!

Just send your name, address and telephone number together with payment to the address below:

1. with a cheque for £12 made payable to 'PCC All Saints East Budleigh' or
2. Tick the box to confirm payment by direct bank transfer (BACS). The account details are:

Account Name: PCC All Saints East Budleigh
Sort code: 30 94 36
Account Number: 00601276
Reference: 200 Club



NAME:

ADDRESS:

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E-mail address:

Signature:

Return to: Angela Canning, Membership Secretary of the Friends of All Saints Church
East Budleigh, c/o Stores Cottage, 14 High Street, East Budleigh, EX9 7DY

200 Club December Winners

1st - £40 Jess Hill 2nd - £20 K. Coulthard 3rd -£10 Mrs M Lomas

From the Register...

January 9th. Funeral of Anne Horrell.

January 11th. Funeral of Ann Sheppard.

Next edition of the Parish News

Please send items for the March 2023 edition of the magazine to

ebmag.as@rmcommunity.co.uk

by 6pm on Friday 17th February 2023



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Christmas Flowers in All Saint's Church

Photo credits:
Peter Bowler



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East Budleigh with Bicton Women's Institute

Christmas seems a long time ago. Our Carol Service at All Saints' Church was well attended by our own members and guests from neighbouring WIs, and we all enjoyed tea and home-made mince pies in the Church Hall afterwards. Our Christmas meeting featured a bring and share "tea" and music from Sea Grass.

We had a fun meeting in January, everyone making little bowls and pots from strips of paper.

Our next meeting is on 9th February, 2pm in the Village Hall. We will be having a cheese tasting.

Our meetings are on the second Thursday of each month in East Budleigh Village Hall at 2pm and finish around 4pm. Visitors are always welcome.

If you want to find out more about our WI then please contact our President Diana Humphreys via email: dianajeanh@hotmail.com or phone 07768 529352, or look at our website: <https://eastbudleighwithbictonwi.org>

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Our Churchyards...

Churchyard Working Party

In November 2022, we had 9 volunteers and 11 in December. To celebrate the end of 2022, we stopped at 11.00 and retired to Walt's Café for a well-earned coffee (and cake) - the PCC covered the cost of the coffee as a "thanks" to our volunteers.

To start 2023, on 20th January there were only 8 of us - many people were away and some unwell but we still managed to complete the essential works.

The Churchyard Working Party dates in 2023 are Friday:

17 February 17 March 21 April 19 May

16 June 14 July 18 August 15 September

13 October 17 November 15 December

All are welcome so come and join us and we will find a task to suit you. We start around 10.00 with a coffee break at 11.00 ... biscuits and/or cake as well!

If you can't make a Friday but could spend an hour or two, please let us know and we can find you a suitable task or two.

Magnificent Yews (part 1)



Whilst churchyards contain many different veteran trees, it is the yews that are particularly special. Globally, veteran and ancient yews are threatened; however, on a world stage the best refuge for these trees is actually the churchyards of England and Wales. It is in these enclosed spaces that over three quarters of Britain's oldest yew trees can be found. Some trees are believed to be several thousand years old. Yew specialists and enthusiasts from all over the world travel to

these special sites to marvel at our magnificent yews – many of which have been growing for over 1000 years.

Our Churchyards...

In our Churchyards, having measured the girths, we think that our yews do not yet qualify as “Veterans” yet ... the six trees are possibly between 250 and 460 years old. The ones near the Tower and the Porch are probably the oldest.

The yew trees we are referring to are the long lived *Taxus baccata* (often referred to as the Common, English or European Yew) as opposed to others also found in churchyards such as the Irish Yew which is more upright, neat in shape and not nearly as long lived.

Almost every part of the yew is poisonous to stock and wildlife (including humans!). But birds such as blackbirds, waxwings, thrushes, and fieldfares enjoy the fleshy red berries. If you are partial to gathering fungi to eat, it is best to avoid even edible species if you find them growing on a yew tree.

The Common yews tend to grow in a ‘normal’ tree shape until about 600 years old when they often hollow out and thicken around the base. This hollow cylindrical structure does not weaken the tree, in fact it may even strengthen its structure. Hollow yews are great for sheltering wildlife and in past centuries were even used as homes by monks in Wales and Ireland.

So why is it that churchyards have become the sanctuary for these magnificent trees in a global context? Well, the jury is still out on this, but a few factors may have contributed ... see part 2 in next month’s Parish News.

Do visit and enjoy the Churchyards – wonderfully welcoming, peaceful places for quiet contemplation and mindfulness and a haven for wildlife.

Penny and Paul Kurowski. Tel: 01395 742942; churchyard.as@rmcommunity.co.uk.

East Budleigh Church Hall

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Richard Slade 01395 443609 or church office 01395 443397



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Film Programme for 2022/23 Season

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Entry £5.00 per person (under 16s £3.00)
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October 14th – The Duke (Jim Broadbent)

November 11th - Elvis

December 9th - Downton Abbey. A new era

January 13th - Operation Mincemeat

February 10th – Top Gun Maverick

March 10th – Fisherman's Friend (One and All)

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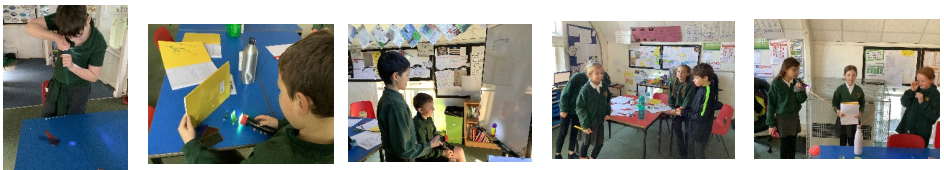
Otter's Class have enjoyed learning about the Chinese New Year. They have made lanterns, money envelopes, Happy New Year dragon cards and paper chains. They have practised writing numbers and animal names in Chinese.



Dragonfly Class have been creating simple series electrical circuits. They've enjoyed learning about different components and seeing what happens if they add more cells into the circuit.



Kingfishers are enjoying their Science lessons on Light. They have investigated how light travels in straight lines and how we see objects.



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East Budleigh Garage

Justin Hill

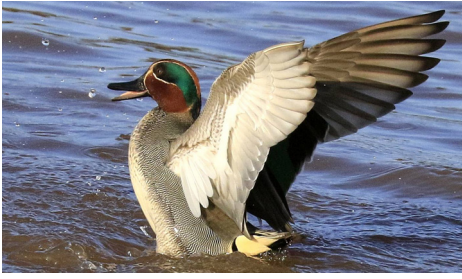
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Wildlife Photographs and words - David White

During the recent cold spell there were good numbers of fieldfare & redwing in the area. A site record for me of 80 lapwings & more recently 104 black tailed godwits. The greenshank, grey lag goose & ruff are scarce visitors to our area. The great white egret is very scarce in Devon & its only the second time I have seen one in this area

Clockwise from top left:
Teal Drake, Overwintering Chiffchaff,
Curlew captures small crab, female Kestral,
Ruff, Kingfisher, Fieldfare





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December brought with it colder temperatures and although the colourful leaves of Autumn had largely left the reserve, the frosts provided some wonderful views across the landscape. Not to be perturbed by the cold snap, our volunteers continued with the programme of winter scrub management. Focusing on the Harpford side of the reserve, several areas have changed dramatically. On the main track from Hunger Hill to Outerhanger, two areas of tall gorse have been removed. A mixture of tall gorse and birch encroaching onto the Heath were also removed up the hill from Outerhanger. The steep slope down towards the stream has been opened up through gorse removal and provides a great view across to the Aylesbeare side of the common. A further site by the track to Benchams gate, which had been taken over by birch growth, has also been tackled. These actions will allow gorse and heather regrowth, providing better habitats for our target species (such as the Dartford Warbler). Thanks to Bicton College Countryside Management students, who joined us for a couple of days of scrub management, we covered a larger area than we would otherwise have managed.

We have continued to move our grazing ponies back to Aylesbeare from other reserves. Four Exmoor ponies from Manor Common (the first to graze there since 2018) have

joined those already on Aylesbeare, bringing the total to 17 including the Dartmoors. A further four Dartmoor ponies on Venn Ottery Common will soon join the Aylesbeare set. Moving the ponies around provides us with the opportunity to carry out other tasks to ensure the health of the ponies such as worming and checking the condition of their hooves.

Prior to the Christmas break we had our Christmas work party at Venn Ottery Hill. This site is an ex-quarry which has recently been awarded at the Sustainable Development Awards in the category of Restoration. Volunteers descended on an area where birch had encroached on the heathland and spent the morning felling trees and trimming back brambles. Lunch of Vegan Ragu was cooked by one of the volunteers over a firepit which we all crowded around and discussed plans for the holiday season. After lunch we returned to work, though possibly with slightly less gusto after such a hearty meal!

Winter also involved a change to our bird survey activities with monthly Hen Harrier roost watches and winter bird transects (where a defined route is walked and birds are identified by sight or sound). The transects offer a great chance to see some heathland specialists including Dartford Warblers and Snipe and for the volunteers to improve our bird identification skills.

RSPB Aylesbeare Common aylesbeare.common@rspb.org.uk

East Budleigh Community Shop

Newsletter No. 149 - February 2023

THANK YOU!

Firstly, after a very busy December and Christmas period we would like to give a big THANK YOU to all of our customers who continue to support our shop!

We have had such lovely feedback from customers who ordered their fresh turkeys and meats from us and so many lovely messages, cards and gifts to be shared with our lovely volunteers....it is greatly appreciated!

AGM

We will be holding our Annual General Meeting for members in the Village Hall at 7.00 pm on Monday, 27th February 2023. An invitation will be sent to all members along with our audited accounts and annual report. This is a good opportunity to have your say on the future of the community shop.

If you are not yet a member, we would welcome new members on the night – you can join for a one-off payment of only £5.

WHAT'S NEW?

DINE Finishing Sauces

A lovely array of sauces to add to your evening meals. We currently have three great varieties – red wine and juniper; white wine, smoked garlic and thyme and a Madeira and wild mushroom sauce – super convenient and easy to use! There are many others available in the DINE series – so if you are interested in trying a different flavour, or you have a favourite, just come and ask and we will see if we can get them from our supplier.

Herbs and Spices

We have been asked by various customers to improve the lines of herbs and spices we carry – these convenient flavour busters are becoming ever more important these days it seems – and we now have a large number of convenient small packets to cater for your (almost!) every need. From turmeric to chilli flakes, from cajun spice to bouquet garni, garam masala to paprika – we've got the range pretty much covered.

WESLEYS FOODBANK

In case you have missed it, we now have a box in the shop for donations to Wesleys Foodbank in Budleigh Salterton. So far this has been exceptionally well supported with a full box going out most weeks to help those in need in the area.

The idea is simple – when you pop in to shop, if you would like to, add something extra to your shopping and pop it in the donations box to be collected. All goods are welcomed, including non-fresh groceries, toiletries, household products – anything that can be of use that is not in need of refrigeration or freezing.

Thank you so much to those who are making donations and to Mrs Sue Pyne for co-ordinating the donations.

CHURCH MATTERS.....

After almost two years of restrictions due to covid, it was good to have All Saints Church at almost full capacity for the Carol service on Christmas Eve, with several of the congregation having to stand. The Church was resplendent in its Christmas plumage and lit with candles it looked spectacular. So thank you to all decorators, Holy dusters who worked so hard to make it so magnificent; our grateful appreciation also to Alan Murdoch and his team of bell ringers for ringing out the joyful sound of Christmas throughout the Christmas season; to the Brass Ensemble accompaniment to the organ and the singing of the congregation; to Becky (Mel's daughter) for her beautiful solo of the first verse of "Once in Royal David's City"; to all the Readers; and no less to the congregation, who not only sang the carols with heart and soul, but whose generosity raised £520 in collection. As is the Parish's custom, one-half of the Carol Service collection is paid to a local charity and for 2022 we have been able to send £260 to Children's Hospice South West.

Alas, we inevitably seem to omit to mention something or someone in expressions of appreciation , but it will be inappropriate to omit Mike and Rev'd Margaret Scrivenor who together were responsible for selecting the carols, the readings, recruiting the Readers, and producing the service sheets, and, of course, Mike played the organ harmonised with the Brass Ensemble and the singing.

So if we have omitted to record our appreciation and gratitude to someone or a group, then we are truly sorry, and appreciation and thanks can be embraced by the words: "Thank you All Saints for your most valuable contribution".

Marilyn Hobbs and John Neligan Church Wardens.

I would like to thank everyone who sent messages of condolence to me following the sudden death of my beloved wife, Gillian on 18th December 2022. The out-pouring of love and respect for Gillian and the support you have given me has been overwhelming and very much appreciated.

Colin Lowe, East Budleigh

Thank you to the Flower Arrangers and Cleaners who helped to make All Saints Church Festive for The Christmas Season.

Kind Regards

Sue

East Budleigh with Bicton Parish Council

A Happy New Year! The Council is very pleased to welcome Jim Ferrers as a new Parish Councillor and representative for Yettington. The new Speed Indicator Device is up and running in Yettington and another is in place on Budleigh Hill.

The Council is continuing to monitor and advise on changes to the Local Plan, to ensure the best outcome for our Parish, especially in relation to protecting our Area of Outstanding Beauty. Councillor Derek Wensley has taken on the difficult task of reviewing the footpaths or lack of them in key places and is in discussions with Clinton Devon Estates, who have given useful advice, and with Highways.

In future, our monthly meetings will be held in the Village Hall on the last Tuesday of the month where possible, but at the earlier time of 5.0pm. Residents are always welcome to come and watch proceedings. Precise dates are set out on the website www.eastbudleigh.org.uk




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East Budleigh in Bloom

At last! The pansies have come back to cheer us up in January and February. The daffodils are coming through so Spring is around the corner.

We, as a Committee, had a tidy up at Salem Corner. We trimmed the hedges and shrubs as it would otherwise quickly become overgrown. We are also planning to replace the Jubilee Tree at the corner of Wynards and Vicarage Roads which was killed off in the pre-Christmas freeze.

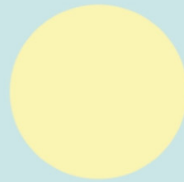
Just another reminder of dates for the summer. We are holding our annual plant sale on Saturday 20 May, so please continue to think of us when you are splitting, seeding and so forth. The village Open Gardens day is planned for Sunday 25 June, and our visit to Mapperton House is set for Thursday 20 July.

If you have any queries please contact the secretary, Jon Roseway, 01395 488739.

Happy Gardening!



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Dorothy & David, Exmouth

'I have no reservation in recommending that if anyone has a jungle which they want transformed into a garden, then these are the people to do it.'

P.W Frewn- Smith, Exmouth

'We employed Plantation Gardening to dig out and replace an old hedge with a new beech hedge. Tom did a thorough and professional job, on time and on budget. We would definitely use Plantation Gardening again.'

Ken and Tina Garrod, Budleigh Salterton

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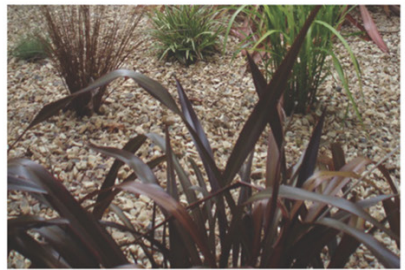
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Mill Water School pupils celebrate receiving a card from King Charles

Pupils at Mill Water School in East Budleigh were amazed to receive a card from King Charles in the post!

They had written to him last term to extend their condolences after the Queen's death. His reply included a beautiful childhood photo of himself and his mother and the following heartfelt words:

“It was so very kind of you to send me such a wonderfully generous message following the death of my beloved mother. Your most thoughtful words were enormously comforting, and I cannot tell you how deeply they are appreciated at this time of immense sorrow.”

Class teacher Gemma said: “Pupils were deeply saddened by news of the Queen's death last year. After discussions, we decided that sending a card would be a good idea. They were so excited when they got a reply and wanted to show everyone. They knew it was from the King as they spotted the special stamp on the envelope.”

Mill Water is a special needs school educating 121 pupils, aged 3 to 19, with severe and complex learning difficulties. It is located in rural grounds behind Bicton College and the day-pupils travel to school from a wide radius across east Devon. Staff are dedicated to helping pupils to meet their individual milestones and to develop skills for independent living. The school is always keen to forge links with its local community and to create inclusive opportunities that help pupils to gain experiences that will support them in the future. It is also a significant local employer, with many pupils requiring one-to-one support. To learn more about Mill Water, or if you are interested in working at the school, please visit our website www.millwater.devon.sch.uk or email info@millwater.devon.sch.uk

The East Budleigh History (EBHG)

Living memories

I was able to talk to Beatrice in the family home in Yettinton, where she has lived for just over 50 years. She and her husband moved there, in what was a 'New Build', in 1972.

Beatrice Agnes Louisa Coulthard was born in Budleigh Salterton and moved to East Budleigh three weeks later. The family lived in a cottage opposite the Church now known as number 42 High Street. In those days none of the cottages were numbered. Beatrice tells me that number 42 is very different now from what it was when she lived there. She remembers leaving her window open one morning, to arrive home to find that Mrs Hart's bus had demolished it! Parents were none too pleased!

Living in East Budleigh was wonderful ; Beatrice took part in the East Budleigh Players who would put on the annual three night show/play. The village had a 'Silver Band'. Beatrice remembers the V.E. Day street party and the celebrations at the end of the Second World War. Shops closed one afternoon a week and on a Sunday. However, Beatrice remembers the one Sunday when Mr Annis briefly opened his shop; if you brought a saucer and tuppence you could have a small ice cream, a rare treat in those days.

Rationing was not a problem as you would place your orders with specific shops. 'Webbers Butchers' in Budleigh Salterton delivered meat twice a week and Mr Pickett would deliver fish from Exmouth. Beatrice also remembers Jack Harris from Knowle walking the streets with a flattish barrow and calling out "herrings, herrings". In those days there were a lot of shops in the village; Mr Hill and Mr Letten repaired shoes, there was a Co-op, a Bakery where Beatrice worked at some point, a newsagent and Mrs Pullin ran the village stores, which sold everything including paraffin! The stores were later taken over by Mr Keys. However, Beatrice still remembers the smell of paraffin which permeated the shop when Mrs Pullin was there!

Beatrice remembers Herbert Jennings' workshop opposite Drakes School , later used by son Maurice, and that Herbert operated the Devon Princess Paddle Steamer in Exmouth. A courtyard house, known as 'The Bower', now stands on the site.

Dick Pidgeon would regularly take his herd of cows through the village from the fields above 'The Pound', all the way through the village and beyond All Saints Church, then along a narrow footpath called 'Vineyard Lane', which led to the allotments and fields beyond. You can see this scene on one of the old village postcards.

Beatrice attended the village school until the age of 11 then moved on to St Peter's, Budleigh Salterton, where she completed her secondary education. An old bus/donkey cart would take the children to school in Budleigh. Since then, Beatrice has attended two reunions at Drake's School, in 1993 and in 2002. On leaving school at Easter when nearly 15 she started a job as a cashier in the 'World Stores' Budleigh Salterton. She later worked in East Budleigh village bakery, which was very close to home, then later moved to work in Exmouth.

In 1956 Beatrice married Brian Fowler from Sidmouth in All Saints Church. The couple had three children, Alan, Andrew and Christine. Brian was a postman, previously a carpenter by trade and the couple moved to Stroud, Gloucestershire for eight years where Brian continued working as a postman. On returning to East Budleigh, they lived in the village post office, where Beatrice was the Post Mistress whilst Brian worked on the post in Budleigh Salterton.

Beatrice now lives quietly in the family home in Yettington, next door to daughter Christine. She is a regular attender at All Saints Church which she says is also her home, having been christened, confirmed and married there.

M.C-S



1939: A Peep into the Past

Back Row: Miss Vinnicombe(teacher), Ivor Horne, Joyce Batten, not known, Betty Ebdon, Lili Pengilley, Pearl Quick, Margaret Martin, and (Christian name not known) Martin.

Third Row: Sheila Dyer, Mary Pratt, Beatrice Coulthard, not known, Molly Sanders, Margaret Farr, not known, Margaret Bray, Christine Kempson, Sybil Eaton and Phyllis Parker.

Second Row: Norman Bolt. Fred Marish, Leslie Browning, Tony Mathews, Tom Auton, George Bolt, Charles Collins, Bob Stone, Dennis Heard and Pamela Stone.

Front Row: Harry Quick, not known, Clifford Heard, Peter Wright, John Mitchell, Charles Saunders, Charles Pratt, (Christian name not known) Bolt, and not known.

The East Budleigh History (EBHG)

East Budleigh History (EBHG) met on Tuesday 13 December 2022 at Temple Hill House. The Group aims to make local history accessible to all people in East Budleigh. To provide a brief history of Temple Hill, MM read an extract from Raleigh's Birthplace, The Story of East Budleigh by Lilian Sheppard. In summary, the Nunnery of Polslo in Exeter was granted the Manor of Budley Polslo at the end of the reign of Henry II, just before his death in 1189. This was confirmed in a Charter by his son John when he later acceded to the throne. Budley Polslo was an ecclesiastical manor comprising all the village and High Street above the bridge, Hayes Lane, 150 acres of Hayes Wood and a significant part of common land, in total 881 acres.

The Manor House or Priory was located close to the church from where the Prioress and nuns ran the day to day affairs of Budley Polslo. Whilst there is no record, it has always been thought that the nuns' priory was located where Temple Hill is today. The mill was located in the field below and the Polslo corn was ground there. The mill continued in operation up to the late 19th century.

With the dissolution of the Monasteries by Henry VIII in 1539, the nuns were pensioned off and the Manor of Polslo sold to the St. Clere family of Tidwell. After some years, it was sold to Thomas Forde, whose mother was a St. Clere. It is understood that the Fordes lived in the old Priory. Thomas Forde's wife was the daughter of Sir John Popham, The Lord Chief Justice, who bought the place from his son-in-law. It was Sir John Popham who was the presiding Judge at the trial of Sir Walter Raleigh in 1603.

The Court of Polslo continued until 1884 to settle important matters for the estate tenants. The Duke family subsequently became the owners of the Polslo Manor, and for 200 years supported the vicars in the church living.

The Polslo Manor estate was purchased by the Rolles in 1785 and eventually became part of Clinton Devon Estates. MM understands that Temple Hill House was extended by Lady Louisa Rolle in about 1840. The 12 acres of Temple Hill was sold by Clinton Devon Estates in 1981 and subsequently divided into the separate House and Coach House in 1997, the 4-acre orchard having been sold for the development of today's Priory Close. With the purchase of Temple Hill House in 1999, the current owner is only the 10th 'owner' of Temple Hill in 1,000 years!



The next EB History Group will take place at 1.30pm on Monday 30th January at the Sir Walter Raleigh pub when the group will welcome their guest from the Lympstone History Society to discuss the curation of historical artefacts. The February meeting will be 1.30pm on Monday 27 February at the Sir Walter Raleigh pub.



Budleigh Salterton Lions Club

Budleigh Salterton Lions Club has been collecting used spectacles that are no longer required. The spectacles are recycled and used to improve the eyesight of children and adults in other countries.

Lion Willi Rehbock has been responsible for gathering and storing the spectacles for a number of years and had until recently amassed over 1500 pairs of glasses! Lions Clubs all over the UK send the spectacles to one of two recycling centres in Chichester or Birmingham for sorting.



On a recent visit to Lions National HQ in Kings Heath in Birmingham, Budleigh Lions President Richard Allen had great pleasure in delivering a number of boxes containing the 1500 spectacles to the Lions 'Recycle for Sight' volunteers.

The dedicated team of volunteers sort and process thousands of pairs of spectacles each week! None of the spectacles are sent to landfill, all of them are re-used and given a second life.

The Lions then send the glasses to Lions Medico France for washing and re-grading and also send them directly to countries throughout the world.

Using a focimeter, the power of the lenses is measured, the references of which are automatically entered on a sheet. The latter is attached to the glasses placed in a plastic bag, all ready for shipment to a country in Africa, Asia, South America... and Europe, to restore sight to visually impaired people.

Richard said " Vision is one of the Lions' five global causes. It's wonderful to be a small part of the process of recycling unwanted spectacles to provide sight to visually impaired people around the world. We are also helping the environment by preventing boxes and boxes of used glasses ending up in landfill. I would like to take this opportunity to thank Lion Willi and everyone who has supported us by donating their unwanted spectacles. Small acts of kindness really can make a difference."

Used spectacles can be dropped off at any of the Lions events such as their monthly Bingo, or at Bennett & Rogers opticians in Budleigh. All types of spectacles can be recycled including reading glasses and children's spectacles are always much needed.

If you would like to get involved and make a difference please do get in touch via the Lions' website www.budleighlions.com or email bslionsclubsecretary@gmail.com. Budleigh Lions Club currently has members who live in East Budleigh, Otterton, Budleigh and Exmouth. The Club has welcomed several new members over the last couple of years including five couples.

Membership to the Lions Club is open to men and women of all ages.

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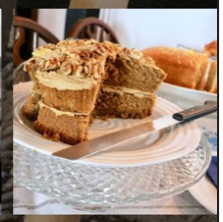


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COFFEE £2 AT WALT'S NOW NEW LOYALTY CARD

At Walt's, we are really pleased to introduce the new Walt's Cafe loyalty card. Buy five hot drinks and get the next one FREE. It is as simple as that! The new loyalty cards are available in Walt's Cafe so be sure to ask for your loyalty card next time and start collecting your stamps.

If you are out for a walk or want to catch up with your friends, why not drop into Walt's Cafe. Great coffee, teas and hot chocolate are served 10am-12 noon Monday to Friday in Walt's cafe at the special community price of £2. You may want to add a toasted tea cake or a slice of that delicious cake. See you soon!





SIR WALTER RALEIGH

The Sir Walter Raleigh Volunteers night social event took place on Monday 16th January, the anniversary of the village hall meeting when we first agreed the idea to buy our pub, and was well attended. It was the first opportunity for the pub volunteers to meet socially, without the responsibility to look after the pub and its customers.

It was interesting to hear what was working well. First and foremost the appreciation of having a real community pub where you can bring friends and family to enjoy a great atmosphere. There was praise for the quality of the food and of course the beer, real ale and cider selection.

Many commented on how much they enjoyed the themed events, music and quiz nights. There was gratitude for the warm welcome from staff, a pub where ladies can walk in on their own and feel welcomed and which brings the whole community together. There was special admiration for the volunteers who run the rota and for keeping the pub open too. I was chuffed to learn that all the dogs in area love the pub too.

Not wishing to be complacent, there was also time to learn what we can do better. Timely communication internally and externally as well as updating the website need more work. There were ideas for other activities, drinks and menu suggestions, including a non-alcoholic gin and extending a wider welcome to all in the community. There were requests for information and training on running the pub and Walt's very professionally, and shift management. In total some 68 separate practical suggestions which will keep everyone on their toes!

So, over the coming weeks there will be little changes and improvement - we hope you will notice the differences!



Left: Shots of Simon with the artist John Washington. Seen here looking at his painting hanging in the church. The painting depicts Roger Conant making peace with a group of fishermen and Miles Standish, the officer commanding the soldiers pointing their muskets at the fishermen.



Above: In the foreground is the millstone from the RC family mill that was demolished about 80 years ago. The mill was situated below the church to the right of this shot. Roger Conant Committee with Simon Jupp MP.



Left: Close up blue plaque

Photo credits: Peter Bowler



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OVA Walks Programme for February 2023

Please check the OVA website (www.ova.org.uk) for additional walks and on the day of the walk, in case of last-minute changes.

Friday 03 February – 10.00am – 5.5 miles. 3 hours.

Booking required

‘Straight to the Point’

Meet: Budleigh Salterton Public Hall. (OS 115, SY 061 820)

Park either in the free car park or on Westfield Road opposite the car park. We will meet at the steps opposite the entrance to the Public Hall.

The Walk Leader will wait for the 357 bus arriving from Exmouth before starting the walk.

We will walk to Exmouth along the coastal path to Sandy Bay and then along the beach into Exmouth at low tide. Return to Budleigh via bus.

Booking: please ring the walk leader on 1st February to confirm the walk is going ahead as the walk will be cancelled if the weather is inappropriate. There is a likelihood of mud.

Walk Leader: Heather Fereday 01395 446796. 07484 627312

Saturday, 11th February – 10.00am – 8.5 miles. 4.5 hours

‘Around the Commons’

Meet: Joney’s Cross car park at 10am (OS115, SY 057 897)

Walk will be 8.5 miles with stops for coffee and picnic lunch. We will visit Harpford Common, Venn Ottery, Newton Poppleford and Hawkerland Valley.

Walk Leader: Sarah Westacott 01395 277644 / 0770 6078143

Thursday 16 February – 10.00am – 5.5 miles. 3 hours.

‘A Round of Brandy’

Meet: The Green Fore St, Otterton, parking in nearby roads (OS 115, SY 081 852),

What3words ///ranted.fork.prune.

From Otterton we will follow the River Otter to White Bridge, then along the coast path to Brandy Head, and back to Otterton via Stantyway Farm.

The river section is flat, while the coast path is a bit hilly but not too steep. We’ll pause on the coastal section for coffee, so bring a flask. Walk leader: Ross Hussey: rdandamhussey@hotmail.com or 01395 227991

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Parish News
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Budleigh Salterton Lions Club Diabetes Awareness



Diabetes Awareness is one of five Global Causes supported by Lions International. Budleigh Salterton Lions are keen to promote awareness as 4.9 million people have been diagnosed with diabetes in the UK. It is estimated that 850,000 people may have the disease but have not been diagnosed. So it is important to know the symptoms and know the risk as Type 2 diabetes is preventable.

Symptoms. The four T's: Toilet, Thirst, Tiredness and Thinness. If you are weeing a lot, have excessive thirst, are very tired, and losing weight for no reason then seek advice.

The risk increases with age, you are more at risk if you're white and over 40 or black and over 25. It increases with Ethnicity and with family history, the risk is more likely if your parents or siblings have diabetes. Finally you are more at risk if you suffer from high blood pressure or if you are overweight. For more information go to www.diabetes.org.uk/knowyourrisk.

There is support via weight loss programmes, advice from a registered dietitian, exercise through specialists or classes, and through Type 2 diabetes prevention programmes.

Type 1 Diabetes affects about 10% of people with diabetes and is a result of the pancreas being unable to produce insulin.

Diabetes is a serious disease and if not diagnosed and not treated, the complications can be severe including blindness, kidney failure, amputations, nerve damage and heart failure.



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Services in the Raleigh Mission Community - February 2023

Date	Time	St Peters	All Saints	Otterton
February				
Wednesday 1st	9.30	Holy Communion		
Thursday 2nd	9.30			Morning Prayer
Sunday 5th	8.00	Holy Communion BCP		
Sunday 5th	9.30		Holy Communion	
Sunday 5th	10.00	Holy Communion		
Sunday 5th	11.00			Morning Prayer
Tuesday 7th	9.30		Morning Prayer	
Wednesday 8th	9.30	Holy Communion		
Thursday 9th	9.30			Morning Prayer
Sunday 12th	8.00	Holy Communion BCP		
Sunday 12th	9.30		Holy Communion	
Sunday 12th	10.00	Holy Communion		
Sunday 12th	11.00			Holy Communion
Sunday 12th	18.00	Choral Evensong		
Tuesday 14th	9.30		Morning Prayer	
Wednesday 15th	9.30	Holy Communion		
Thursday 16th	9.30			Morning Prayer
Sunday 19th	8.00	Holy Communion BCP		
Sunday 19th	9.30		Holy Communion	
Sunday 19th	10.00	Holy Communion		
Sunday 19th	11.00			Holy Communion
Tuesday 21st	9.30		Morning Prayer	
Wednesday 22nd	9.30	Holy Communion		
Thursday 23rd	9.30			Morning Prayer
Sunday 26th	8.00	Holy Communion BCP		
Sunday 26th	9.30		Holy Communion	
Sunday 26th	10.00	Holy Communion		
Sunday 26th	11.00			Holy Communion
Tuesday 28th	9.30		Morning Prayer	
March				
Wednesday 1st	9.30	Holy Communion		
Thursday 2nd	9.30			Morning Prayer



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Annual General Meeting.

We would like to invite all members to attend the AGM on **Monday 27th February 2023 at 7.00 pm**, in the Village Hall. If you are not yet a member, and would like to join, you are welcome to do this on the night for a one-off payment of only £5.

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